



**Sunday 28<sup>th</sup> March**

**The Trossachs, near Aberfoyle.**

**World Ranking Event, Scottish O League, UK Cup and Future Champions Cup**

**Entries:**

Entries (which close on Sunday 14 March) are available via

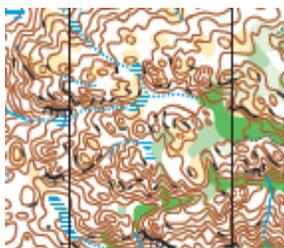
<http://www.oentries.com/multi/events/8-fvo-world-ranking-event-and-middle-race/details>

Entry fees are £14 for seniors and £8 for juniors and students, with a £2 discount for members of the British Orienteering Federation.

The event will be using the SportIdent punching system.

**Start Times:**

Start times will be from 1000-1400 on Sunday 28<sup>th</sup> March.



**Terrain:**

The Trossachs is one of Britain's very best areas, with lots of rock and much intricate contour detail, often with open marshes offering the best running as an alternative to the heather and steep slopes. The Trossachs was used for a World Cup race in 1988, where Øyvind Thon proved himself the toughest and won the men's race by over 5 minutes.

An old map of the competition area is available via the event website at

<http://www.fvo.org.uk/WRE.shtml>

**Courses:**

The event offers the full range of courses from Black (longest) to White (shortest).

The World Ranking Event courses are Black for men (shown on the entry system as Black - M21L) and Short Brown for Women (shown on the entry system as Short Brown -W21L).

The map scale for the World Ranking Event courses will be 1:15,000 with a 5m vertical contour interval.

The World Ranking Event courses have been planned for a winning time of 85-95minutes (men) and 65-75minutes (women).

The UK Cup courses are the M21L and W21L courses being used for the World Ranking Event.

**Training and Accommodation:**

There is also much possibility for training in Scotland either before or after the races, and we can help arrange accommodation and training maps. If you are interested in this then please contact Scott Fraser - [highland.scotia@gmail.com](mailto:highland.scotia@gmail.com)

Other information on accommodation possibilities and further tourist information can be found on the Scottish tourist organization website at <http://www.visitscotland.com/guide/where-to-stay/>

**Event Officials:**

Organiser: Jon Cross (FVO)      [jon.cross@tinyworld.co.uk](mailto:jon.cross@tinyworld.co.uk)      01786 860301

Planner: Brian Bullen (FVO)

Controller: Jon Musgrave (MAROC)

IOF Elite Adviser: Gordon Ross