



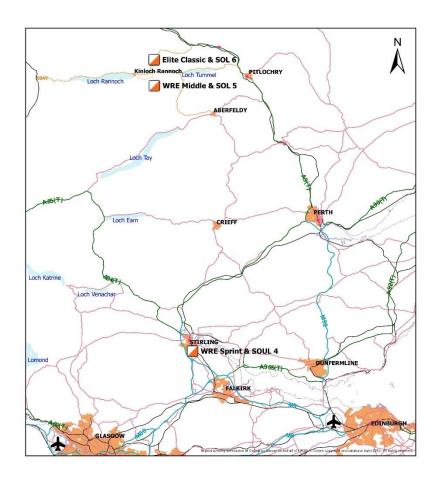


Schiehallion Weekend World Ranking Events June 2015

Sprint – Bannockburn, Stirling, Friday 19th June (evening) Middle – Tullochroisk, Kinloch Rannoch, Saturday 20th June (afternoon)

Bulletin 2

Forth Valley Orienteers welcome you to Scotland and to two World Ranking Events in the lead up to WOC 2015. An evening Sprint race at Bannockburn in Stirling and an afternoon Middle Distance race at Tullochroisk to the west of Pitlochry.



Event Organisation

<u>Bannockburn</u>

Organiser: Roger Goddard
Planner: Graham Gristwood
Controller: Graeme Ackland

Tullochroisk

Organiser: Louise Longhurst Planner: Will Hensman Controller: John Emeleus

IOF Event Advisor Ted Finch

Event Programme

Date	Location	Start Times	Entries
Friday 19 th June	Bannockburn Sprint	19:00 – 20:00	M - 67 W - 46
Saturday 20 th June	Tullochroisk Middle	11.45 – 14:15	M - 79 W - 58

Start Lists

The start lists for the elite courses will be based on athlete world ranking in line with WRE guidelines. It has been agreed with the IOF adviser to use the world ranking lists as at 10 June for seeding purposes, to enable points scored at the World Cup races from 3-7 June to be taken into account

Start list will be available on O'Entries by Monday 15th June

Payments 4 8 1

If payment has not been made via O'Entries you must pay at Enquiries each day

Classes

Mens Open - M21E Womens Open - W21E

The Sprint race is being held in conjunction with a Scottish Orienteering Urban League (SOUL) event, with a full range of age class courses.

The Middle race is being held in conjunction with a Scottish Orienteering League (SOL) event, with a full range of age class courses and a string course for the very young

Winning times

	Sprint	Middle
M21E	12-15 minutes	30-35 minutes
W21E	12-15 minutes	30–35 minutes

Punching System

The punching system will be SPORTident. **SIAir will be used for the Sprint only**Competitors will be issued with an SIAir card at Enquiries for the Sprint Race - Bannockburn
Competitors should bring their own SI cards for use at the Middle Race – Tullochroisk

Competition Map

Possession or use of any orienteering or other maps of the competition area is prohibited during the competition day at the race site until officially permitted

GPS

IOF competition rules forbid the use of GPS devices unless there is no display or audible feedback

Climate

Expected temperature between 10C and 25C, with the very slight possibility of more extreme temperatures at the Middle race

Competition Rules

The competitions will be held under IOF Competition rules

Complaints

Any complaints shall be made in writing to the Organiser as soon as possible, and within 15 minutes of the last result being displayed

Jury

A jury shall be appointed to rule on protests

Further Information and contact details

Information can be found on the FVO website www.FVO.org.uk
The Organisers can be contacted by email at secretary@fvo.org.uk

WRE Sprint – Bannockburn Friday 19th June 2015

Bannockburn is a mixture of detailed housing estates, open park land and residential areas.

The Event Arena



Transport

There is no official event transport

If using public transport, Stirling is the closest railway station which is a 3.5km walk from the Assembly (avoiding the competition area). There are various buses, offering a regular service, to Bannockburn from Stirling Bus Station which is adjacent to the train station.

If driving, exit the M80 or M9 at Junction 9 (Stirling Services). Take the A91 exit on the roundabout (signed to Stirling). At the next roundabout turn left into New Rd signed to Bannockburn and continue for 1.5km. Parking will be in the grounds of Bannockburn High School, signed off this road to the right.

Embargoed Area

The embargoed area includes the Bannockburn, Braehead and Broomridge areas of Stirling. Passage along the A9 and A91 which bound the area is permitted.

The embargoed area can be viewed on the FVO website www.FVO.org.uk

Map description

Map drawn 2014-15 by Graham Gristwood using ISSOM 2007.

1:4000 with 2.5m contours

The black passable stone wall symbol (symbol 519) has been used instead of the grey passable wall symbol (519.001) for clarity.

Black circles (symbol 539) are play equipment objects.

Maps will be laser printed on waterproof paper Maps will NOT be sealed in plastic bags

Control descriptions available loose at the start (Size: Course 1 - 16cm x 5cm Course 2 - 14cm x 5cm), and also printed on the map

Course Details

Course 1 - 3.78km (optimal) 23 controls No major height difference

Course 2 - 3.57km (optimal) 20 controls No major height difference

There is one marshalled road crossing - there is little traffic in the area in general, but sometimes on this road cars travel quite fast - please take care and look both ways.

There will be no refreshment controls

Toilets

Very limited toilets are available at the Start. Where possible, the toilets at the Arena should be used.

Clothing

Trainers/flat shoes fine if weather is dry. Mostly asphalt/grass running. Full body cover not required. Shorts may be worn

Bib Numbers

All competitors are required to wear a number. Numbers (and pins) must be collected from Enquiries in the Arena before proceeding to the Start

SI Air

Each competitor will be allocated an SIAir Card. This must be collected from Enquiries in the Arena before proceeding to the start

Warm-up

A warm-up area will be provided on route to the start. Maps available at Enquiries in the Arena

Start

Distance to the start from car park - 1.5km (taped)

A timed start will be used. Call-up will be -4 minutes with a 1 minute start interval

Prize Giving and Commentary

Commentary will be used

A short prize giving will take place as soon as possible after the last finisher. Prizes, sponsored by Harviestoun Brewery, will be presented to the first three in the Men's and Women's races

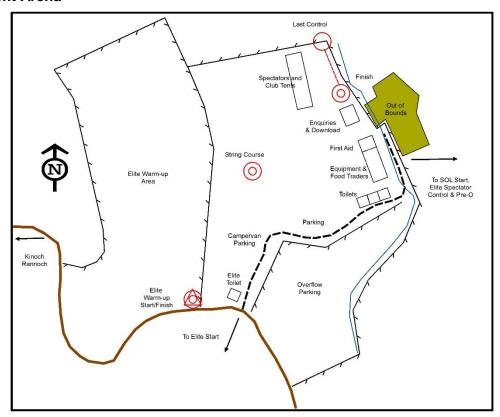
Results

Results will be available in the arena and on the FVO website after the event

WRE Middle – Tullochroisk Saturday 20th June 2015

Tullochroisk is classic Highland Scottish orienteering terrain - combining challenging open moorland with areas of natural deciduous woodland and an area of mature, runnable coniferous plantation with excellent contour detail throughout.

The Event Arena



Transport

There is no official event transport

It is not possible to travel to Tullochroisk by public transport.

However, nearby Kinloch Rannoch can be reached by taking a train from Stirling to Pitlochry, and the public bus from there. Event traffic will pass through Kinloch Rannoch, therefore getting a lift for the last 6 km should be straightforward. NB The bus service is infrequent – see www.travelinescotland.com/welcome.do to plan in advance.

Tullochroisk is 75 miles/120km (1hr 45minutes) to the north of Stirling. Follow the M9 then A9 northbound. Exit the A9 (just beyond Pitlochry) on to the B8019 at Faskally, and travel along Loch Tummel to Tummel Bridge then right on to the B846. Travel through Kinloch Rannoch turning left on to the Schiehallion Road. Parking is in a field, signed off this road to the left. Please note: The parking field must not be accessed from the east along the Schiehallion Road as this would require you to drive through the embargoed area. If travelling from Aberfeldy, you must continue to Tummel Bridge and approach as described above.

Please advise the organiser if you plan to bring a coach.

Embargoed area

The embargoed area includes the forest area of Lassintulloch and extends eastwards in to Tullochroisk and includes the areas to the north and south of the minor road. Passage along this minor road is **not** permitted.

The embargoed area can be viewed on the FVO website www.FVO.org.uk

Map description

Surveyed in November 2008 by Deeside Orienteering & Leisure Maps and updated in winter 2014/15. 1:10000 with 5m contours

There are some areas of very dense plantation and wind blown areas that are mapped as dark green. We advise runners not to plan to pass through the Green areas of the map.

Maps will be laser printed on waterproof paper. Maps will NOT be sealed in plastic bags. Control descriptions available loose at the start (Sizes: M21: 6cm x 22cm W21: 6cm x 18cm), and also printed on the map

Course details

Mens Elite - 6.1km, 370m climb,22 controls Womens Elite - 5.1km, 285m climb, 17 controls

Both courses cross a minor road which may have traffic on it. There is no designated crossing point and no marshal, so please take care.

There is a spectator/radio control approximately half way round the course and also a prewarning control approximately 5mins before the finish

There will be no refreshment controls

Toilets

Toilets are available in the Arena and one additional toilet on the way to the start near to the Start/Finish of the warm-up area

Clothing

Full body cover and appropriate footwear to be worn

Bib Numbers

All competitors are required to wear a number. Numbers (and pins) must be collected from Enquiries in the Arena before proceeding to the Start

Warm-up

A warm-up area will be provided to the west of the assembly with controls put out. This is an area of mature woodland and does not include any Green, very hard to travel, forest which may be found in some parts of the map.

Maps available at Enquiries in the Arena

Start

Start is 600m from assembly in a SW direction. Care should be taken when crossing the road

A timed start will be used. Call-up will be -4 mins. 2 minute start interval with alternate M/W every minute

Site of Special Scientific Interest (SSSI)

Various small areas will be taped off (using black/yellow streamers) to protect sensitive plants. These areas are very small (and should not be crossed) and will not affect route

choice. These areas are not shown on the map. A typical small area can be seen at the start

Prize Giving and Commentary

Commentary will be used

A short prize giving will take place as soon as possible after the last finisher. Prizes, sponsored by Harviestoun Brewery, will be presented to the first three in the Men's and Women's races

Health

Ticks are present in the area. Please check for ticks and continue to do so for a few days after the event. There is a small risk that ticks could be infected with Lyme Disease More information can be found at the NHS site: http://www.nhs.uk/Conditions/Lyme-disease/Pages/Introduction.aspx

Results

Results will be available in the arena and on the FVO website after the event.