

## Scottish Score Championships / Club Championships



Stirling University: 27<sup>th</sup> Nov 2011

### Final Details

#### Directions and Parking

Parking will be in Stirling University. There is a 'Reindeer' fun run at the University before the orienteering. The course of the run crosses the main entrance road into the University.

**Please take care not to rundown any reindeer!**

Entrance for orienteering will be via the back entrance to the University

Signed off the B996 Hillfoots Road close to the entrance to the Wallace Monument at NS811959 (Note change from original details)

Follow the signs for orienteering and not the reindeer run.



#### Assembly

Registration is adjacent to parking and will be open from 11:30 – 1:30.

Toilets will be available at registration. Dogs should be kept on leads

Cake Stall - delicious home-made cakes available at the Blue Peter Bake a Difference cake stall in aid of Children in Need located at the string course tent

Clive Ramsay's Café at the University

Entry on the day is available though maps will be limited and the 60minute score is very full

Senior (Score, Green, Brown) £9 (+£2 non BOF)

Senior (White, Yellow, Orange) £6 (+£2 non BOF)

Juniors (any) £3

Competitors requiring SI cards should collect these from registration, and anyone with money to pay should also do this at registration.

Competitors on White and Yellow collect their maps and control descriptions from registration. Maps and control descriptions for other courses will be at the start.

#### Start Times

12:00 - 2:00 allocations at [Oentries](#)

## Terrain & Map

The courses cover a mixture of fast open running around the university campus. North of the campus is an area of steep woodland leading up onto open moorland for the longer courses. Please take care to avoid large crags and cliffs.

Map updated by Stirling Surveys Spring 2011.

Maps will be printed on waterproof paper and unbagged. Scale will be 1:7,500 for white, yellow and orange courses. The rest are at 1:10,000. Contour interval 5m.

Control descriptions will be printed on the map.

## Safety

Here will be no water at the finish in order to avoid rubbish. Please bring plenty with you. (Water that is !)

### **In the event of bad weather, cagoules may be compulsory**

A first aid kit will be available for minor cuts and scrapes.

Competitors take part at their own risk and are responsible for their own safety

### **Courses close at 3:30pm**

## Start/ Finish

The start is approximately 200m from registration. The route will be signed / taped and cross a small road. Please take care crossing the road.

SI clear station and loose copies of control description will be at the starts. Control descriptions for courses white and yellow will be written. All other courses will use pictorial descriptions

The finish is close to start.

Competitors must proceed to download once they have finished and if they retire from their course

In the interests of fair competition, competitors are requested not to show their map to runners who have not yet started.

## Download /Sport Ident

SportIdent punching is being used. It is the competitor's responsibility to ensure that their card registers when punching at a control; and if in doubt should punch their map with the pin punch provided

It will be a timed start, and all competitors must start at their allotted time.

Results will be displayed at Assembly and on the FVO website after the event

## String

There will be a string course for junior orienteers. Open from 12:00 - 2:00.

String course free but bring some money for a cake!

It will be 100m from the start/finish and signed from there (Less than 250m from Registration).

## Score Courses

Time Limit	Age Classes	Controls Available	Points Available
70 mins	M20-35, W21	26	540
60 mins	M/W16-18, W20, W35, M/W40-70	26	540
40 mins	M/W14 and below	21	360

Controls may be visited in any order.

Penalties 1 point per 6 seconds over time limit

Control numbers 160 to 169 are worth 10 points each

Control numbers 170 to 189 are worth 20 points each

Control numbers 190 to 194 are worth 30 points each.

## Colour Coded

The following colour coded course are also available

Course	Length	Climb
White	1.4 km	10m
Yellow	1.93 km	20 m
Orange	2.36 km	40 m
Green	4.52 km	200 m
Brown	9.2 km	460 m

## Interclub championships

The club's score comprises the total score-course points weighted by a factor accounting for age and sex for each competitor up to the maximum number of competitors.

There will be a separate competition for small and large clubs (large clubs are ESOC, FVO, GRAMP, INT, INVOC and MAROC)

The maximum number of scoring competitors for each club will be equal to the club with the third largest entry in each class.

Class	Multiplier
M12	0.5
M14	0.62
M16	0.84
M18	0.88
M20	0.93
M21	1.00
M35	0.93
M40	0.89
M45	0.84
M50	0.79
M55	0.74
M60	0.68
M65	0.60
M70	0.53

Class	Multiplier
W12	0.5
W14	0.62
W16	0.67
W18	0.70
W20	0.71
W21	0.76
W35	0.71
W40	0.67
W45	0.62
W50	0.57
W55	0.53
W60	0.48
W65	0.44
W70	0.39

A competitors age-adjusted score is then given by:

$$\text{Actual score / speed ratio} * (\text{highest speed ratio of any age group on course}) \\ * (1000 / \text{maximum points on course})$$

## Prize Giving

Target to have a prize giving at 3:30pm.

Please return any trophies !

Organiser      Rupert Parkinson  
Planner        Jason Inman  
Controller     Gareth Bryan Jones

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