

# **FVO JUNIOR COACHING SESSIONS** **MEDICAL DATA and PARENTAL CONSENT FORM**



## **Safety**

Coaching is organised through Forth Valley Orienteers (FVO) by our junior coaches who are licensed with British Orienteering and have training in basic emergency First Aid.

In common with other sports, there is a certain risk involved in orienteering. It should however be emphasised that the risk inherent in orienteering is generally very low. As far as possible, hazards both on and off the orienteering course are identified for each session. For example, these may include tripping over branches, extreme weather, dogs, stranger danger, moving cars in car parks. Risks from these hazards are assessed by the coach for each session and safeguards to mitigate the risks are put in place.

Unlike most other sports, it should be noted that participants are not within sight/hearing of the coach whilst they are orienteering, hence the importance of your children needing to listen carefully to the safety brief given by the coach before each session.

Primary age children should be accompanied by a parent/carer during introductory sessions until they are able to navigate competently by themselves. Please note that, unless you request otherwise to the coach, secondary age children may be doing short orienteering exercises by themselves.

Your child should wear long trousers for orienteering. Note that orienteering may involve going through undergrowth in areas where ticks may be present. Rarely, tick bites can lead to Lyme disease which is a serious medical condition. You should ensure that your child checks thoroughly for ticks on their body as soon as possible after each session. Further information on removing ticks is available here: <http://www.scottish-orienteering.org/soa/page/ticks>

FVO coaching sessions are covered by British Orienteering insurance. Please note however that it is a standard condition of British Orienteering activities that participants take part at their own risk.

## **Child Protection**

In terms of child protection, FVO operates a Safeguarding Policy. Our junior club coaches are members of the PVG (Protecting Vulnerable Groups) scheme, managed by Disclosure Scotland. Our safeguarding policy is on the FVO website: <https://fvo.org.uk/clubadmin/policy/vulnerable-persons-revised-draft/>

Our coaches follow British Orienteering's code of conduct as well as rules and good practice for communicating by social media. We also have a code of conduct on our website <https://fvo.org.uk/clubadmin/policy/code-conduct-parents-carers/> which we expect parents and carers to follow too.

## **Data protection and privacy**

FVO takes your privacy seriously and complies with the General Data Protection Regulation. Further details of privacy notice are on our website, which you are advised to read [https://fvo.org.uk/clubadmin/policy/privacy\\_notice/](https://fvo.org.uk/clubadmin/policy/privacy_notice/)

## **Medical Consent**

In Scotland, young persons over the age of sixteen years are considered to be adults in respect of medical consent. A young person under the age of 16 years has the right to consent or refuse consent on their own behalf where in the opinion of an attending qualified medical practitioner, he/she is capable of understanding the nature and possible consequences of the procedure or treatment.



# MEDICAL DATA and PARENTAL CONSENT FORM

PLEASE COMPLETE IN BLOCK CAPITALS FOR YOUNG PERSONS UNDER THE AGE OF 18

**Young Person's Full Name:** ..... **D.O.B** .....

**Address:** .....

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Name and contact address of **Parent/Carer:** Name and contact address of **Doctor:**

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Telephone..... Telephone.....

Email: .....

Any medical disabilities, treatment, medication, allergies or any other relevant information? (e.g. Must carry inhaler at all times, takes tablets daily, hay fever sufferer, contact lenses etc.)

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Any special dietary requirements?.....

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I acknowledge receipt of, and understand all of the published information regarding the proposed activity / visit as outlined above and consent to the participation of:

I have ensured that my son / daughter understands the information for his / her safety and for the safety of the group, and that any rules and instructions given by staff are obeyed.

I undertake to inform the leader of any changes in his / her medical health or fitness prior to the date of departure / commencement of activity.

In respect of young persons under the age of sixteen (16), I agree that those in charge may give permission, including written, for the participant mentioned above to receive medical / dental treatment in an emergency.

Signed (Parent / Guardian):..... Date:.....  
(Give relationship to participant if not parent)

I understand that for the groups and my own safety, I will undertake to obey the rules and instructions of members of staff

Signed (Under 18): ..... Date:.....