

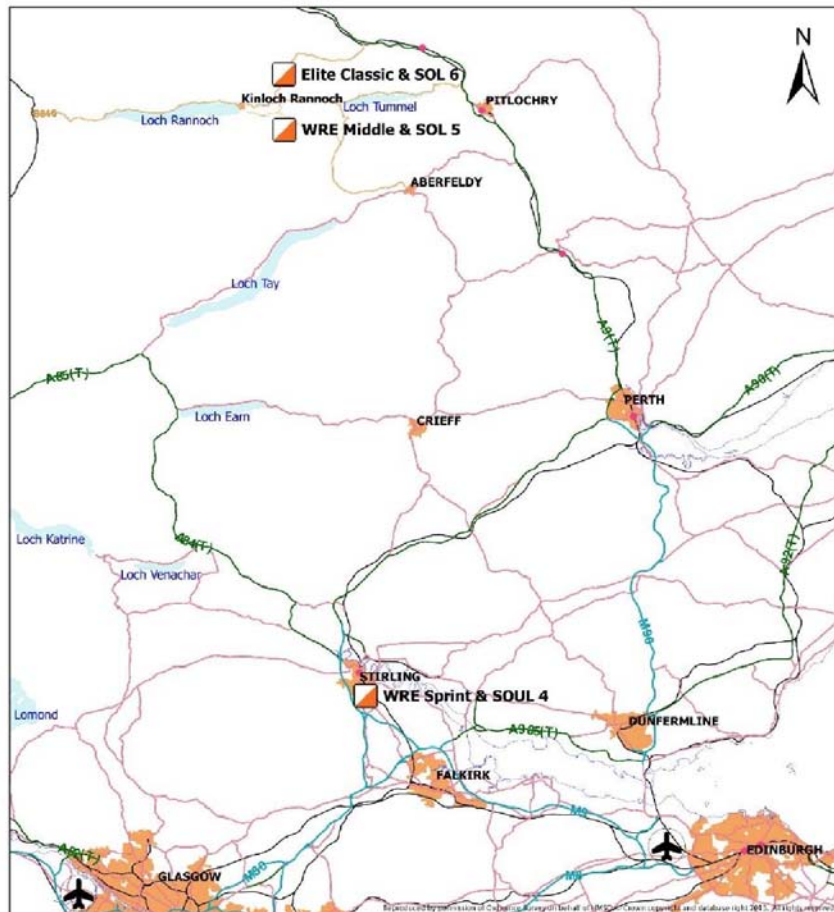
## Schiehallion Weekend June 2015

### Tullochroisk, Kinloch Rannoch, Saturday 20<sup>th</sup> June SOL 5

#### Final Details

SOL 5 at Tullochroisk is the second day of The Schiehallion Weekend and is being run in conjunction with a World Ranking Event (WRE) Middle distance competition.

Tullochroisk is classic Highland Scottish orienteering terrain - combining challenging open moorland with areas of natural deciduous woodland and an area of mature, runnable coniferous plantation with excellent contour detail throughout.



## Event Organisation

Organiser: Louise Longhurst (FVO)

Planner: Will Hensman (FVO)

Controller: John Emeleus (KFO)

## Start Lists

Start lists are available on OEntries

## Travel directions

Tullochroisk, near Kinloch Rannoch (Nearest Post Code: PH16 5QF, Grid Reference: NN711578 Lat: 56.694184, Long: -4.105817).

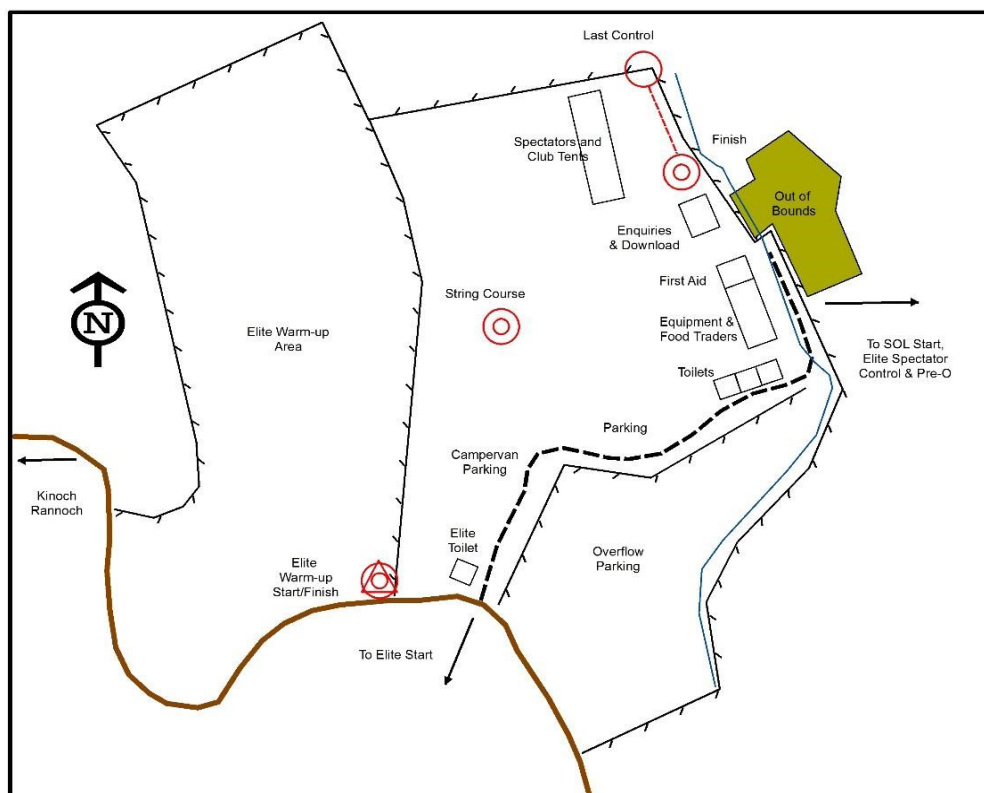
It is not possible to travel to Tullochroisk by public transport. However, nearby Kinloch Rannoch can be reached by taking a train from Stirling to Pitlochry, and the public bus from there. Event traffic will pass through Kinloch Rannoch, therefore getting a lift for the last 6 km should be straightforward. NB The bus service is infrequent – see [www.travelinescotland.com/welcome.do](http://www.travelinescotland.com/welcome.do) to plan in advance.

Tullochroisk is 75 miles/120km (1hr 45minutes) to the north of Stirling. Follow the M9 then A9 northbound. Exit the A9 (just beyond Pitlochry) on to the B8019 at Faskally, and travel along Loch Tummel to Tummel Bridge then right on to the B846. Travel through Kinloch Rannoch turning left on to the Schiehallion Road. Parking is in a field, signed off this road to the left. If travelling from Aberfeldy, we ask that you continue to Tummel Bridge and approach as described above. This is to ensure the safety of competitors who will be crossing this road.

**Please note: If you are taking part in the WRE Middle Race, accessing the event from the east along the Schiehallion Road would require you to drive through the embargoed area**

Please advise the organiser if you plan to bring a coach.

## The Event Arena



### **Assembly Area and Commentary**

There is ample space for club tents overlooking the run-in. There will be commentary and as we have a number of past World Champion medal winners competing in the WRE Middle Race, it should make for an exciting day of racing!

### **Registration and Enquiries**

Hire SI card can be collected here

If you have not pre-entered there is limited entry on the day

To comply with the IOF rules for a WRE, blank maps will not be on display in the Assembly area. Please don't bring old maps to the event arena and, White and Yellow course runners issued with maps in advance, should not let WRE runners see these.

### **Timing**

Sport Ident timing will be used for all competitors

### **White and Yellow Courses**

Maps MUST be collected at Enquiries before proceeding to the Start.

Due to the technical nature of the terrain and a lack of suitable line features, it has been necessary to include taped routes on the White and Yellow Courses. At one control the Yellow course follows a taped route and the White course does not. To help with this we will be using coloured happy and sad faces to avoid route choice confusion for younger/less experienced competitors.

### **Toilets**

Toilets are available in the Assembly. There is an additional toilet on route to the Elite Start. Priority should be given to Elites at this toilet.

### **Traders**

CompassPoint will be in attendance. ScotJOS will also be there selling tea, coffee, cakes etc.

### **Entry on the day**

Open 11.15 – 1.45

There will be very limited entry on the day (no EOD for WRE Middle)

Adults £14 BOF, £16 non BOF

Children and students BOF £8, non BOF £9

Adults on White, Yellow or Orange course £8 BOF, £9 non BOF

### **String Course**

There is a String Course (using SI) which is free. Please bring your own SI "dibbers" if you have them. The String Course is adjacent to the Assembly field, to the west.

### **Dogs**

Tullochroisk is a working farm. Well behaved dogs, on leads, are permitted in the parking and Assembly area only. You must clear up after your dog.

### **Pre O**

A short Pre O course is available along the route to the Start. Maps and information can be obtained in the Assembly area. Entry is free.

## Clothing

Full body cover (except arms) and appropriate footwear to be worn.

## Courses Close at 16:30

### Map description

Surveyed in November 2008 by Deeside Orienteering & Leisure Maps and updated in winter 2014/15. 1:10000 with 5m contours. White, Yellow and Orange courses have maps enlarged, printed at 1:7500

Maps will be laser printed on waterproof paper. Maps will NOT be sealed in plastic bags. Control descriptions available loose at the start and also printed on the map

### Course details

Course	Class Men	Class Women	Length (km)	Climb (m)	Controls	Map Scale	Map Size
<b>WRE M21E</b>	M21E		6.1km	370m	22	1:10,000	A3
<b>WRE W21E</b>		W21E	5.1km	285m	17	1:10,000	A3
<b>Brown</b>	M18 M20 M21 M35 M40		8.4km	495m	22	1:10,000	A3
<b>Short Brown</b>	M45 M50 M21S	W21	6.6km	345m	19	1:10,000	A3
<b>Blue</b>	M16 M55 M60 M35S M40S	W18 W20 W35 W40	5.7km	245m	13	1:10,000	A3
<b>Short Blue</b>	M18S M20S M65 M45S M50S	W45 W50 W21S	4.5km	235m	12	1:10,000	A3
<b>Green</b>	M70 M60S M55S	W16 W55 W60 W35S W40S	3.8km	220m	12	1:10,000	A3
<b>Short Green</b>	M75 M80 M70S M65S	W18S W20S W65 W70 W75 W80 W50S W55S W60S W45S	3.1km	215m	13	1:10,000	A3
<b>Light Green</b>	M14 M16B	W14 W16B	3.2km	150m	10	1:10,000	A3
<b>Orange</b>	M12 M14B	W12 W14B	2.6km	150m	11	1:7,500	A4
<b>Yellow</b>	M10 M12B	W10 W12B	2.2km	90m	14	1:7,500	A4
<b>White</b>	M10B	W10B	1.5km	45m	12	1:7,500	A4

The longer courses (Elite M and W, Brown, Short Brown, Blue and Short Blue) cross a minor road which may have traffic and fast moving cyclists on it. There is no designated crossing point and no marshal, so please take care.

### WRE Courses

The WRE courses will have a spectator control half way around the course (visible from the SOL start). Commentary will be provided at the finish along with radio controls. GPS tracking will NOT be used as there is no mobile phone coverage.

## **Planner's Comments**

Tullochroisk is a fantastic area which consists of fast running open grassland, mature woodland, tough hillside and forestry plantation. The plantation has suffered in recent years with some windblown and felling and the heather can be hard going, however course have been planned to avoid this wherever possible. The tough nature of the terrain is reflected in the course lengths, but be prepared for times to be at the upper limit of guidelines for all but the super fit!

## **Start**

The Start is 200m to the east of assembly. Please take care not to go to the Elite Start, by mistake, which is 600m away in a SW direction. A timed start will be used. Call-up will be -4 mins.

**Please note: Do not miss your start time! Many of the courses are full so if you should miss your start time, you may have a very long wait before you will be allowed to start.**

## **Shadowing**

Parents are reminded they should declare if they are actually helping a Junior competitor as opposed to following. Assisted juniors are competitive on their colour course. If you are the 'shadower' then you must have completed your own race before undertaking any shadowing.

## **Crossing Points**

There is a large (uncrossable) deer fence bisecting the area. This is ONLY crossable at the marked crossing points. This is indicated on the control descriptions and the map. Where more than one crossing point is viable for route choice then the straight line has been cut.

All other fences may be crossed at any location, although stiles & gates are marked with the crossing point symbol to aid navigation. These are not compulsory.

## **Site of Special Scientific Interest (SSSI)**

Various small areas will be taped off (using black/yellow streamers) to protect sensitive plants. These areas are very small (and should not be crossed) and will not affect route choice. These areas are not shown on the map.

The area to the south of the road has been designated a SSSI because of its range of high quality limestone habitats. There are areas of limestone pavement, home to plants such as green spleenwort, living in the shelter of the grykes. The calcareous grasslands are on a type of limestone known as "sugar" limestone and are unusual in Scotland. Common rock rose, quaking grass and fairy flax are typical of these grasslands. The wet flushed habitats are home to at least two nationally scarce plants, hair sedge and alpine rush, however you have to know what you are looking for to identify these! A more obvious plant in the wetter areas is the lovely Grass of Parnassus, with its elegant white five petalled flowers.

## **Prize Giving**

A short prize giving, for the WRE Competitors, will take place as soon as possible after the last Elite finisher. Prizes, sponsored by Harviestoun Brewery, will be presented to the first three in the Men's and Women's races.

**Health**

Ticks are present in the area. Please check for ticks and continue to do so for a few days after the event. There is a small risk that ticks could be infected with Lyme Disease More information can be found at the NHS site:

<http://www.nhs.uk/Conditions/Lymedisease/Pages/Introduction.aspx>

The closest Accident & Emergency Hospital is at Perth Royal Infirmary, PH1 1NX British Red Cross will be in attendance and positioned near to Download in the Assembly field. Please advise one of their volunteers of any medical conditions before competing.

**Safety**

Assembly and Parking is at a working farm. Sheep have recently used the fields and you are advised to wash your hands before eating. There is farm equipment which must not be touched and all barns are out of bounds. A river runs along the foot of the Parking /Assembly area – children should be supervised when near the river.

Competitors take part in this event at their own risk and are responsible for their own safety.

**Results**

Results will be available in Assembly and on the FVO website after the event.

**Further Information and contact details**

Information can be found on the FVO website [www.FVO.org.uk](http://www.FVO.org.uk)

The Organiser can be contacted by email at [secretary@fvo.org.uk](mailto:secretary@fvo.org.uk)

**Acknowledgements**

Many thanks to Forestry Commission Scotland, Rose de la Terriere (Land Owner) and Ewan Cameron (Farmer) for permission to use the area.

**Cancellation**

In the event of cancellation of the event for whatever reason, the organisers reserve the right to retain all or part of entry fees paid to cover expenses incurred or committed up to the point of cancellation.