

Come and
have a go

at orienteering with

Forth Valley Orienteers

Suitable for all fitness levels, ages and abilities. *Everyone welcome*



FUN
ACTIVE
CHALLENGING
EXCITING

Sun 13th Sept 2015 Falkirk Wheel

Sun 4th Oct 2015 Barr Wood, near Denny

Sat 21st Nov 2015 Polmaise Wood, Stirling

Sun 21st Feb 2016 Callander Park, Falkirk

Sun 20th Mar 2016 Colzium Estate, Kilsyth

Please check the website for final details before you travel

Start anytime between 11am to 12.30pm.

Adults: £5.00 per map Children: £3.00 per map Free coaching available

For further information contact:

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Email: membership@fvo.org.uk



www.fvo.org.uk