

Long

1	Lewis Taylor	FVO	M21	32:31
2	David Godfree	FVO	M45	33:03
3	Andy Llewellyn	FVO	M21	33:56
4	Roger Goddard	FVO	M45	34:08
5	Joe Taunton	NOC	M21	40:19
6	Fanni Gyurko	FVO	W21	40:42
7	Fraser Purves	FVO	M45	40:48
8	Jason Inman	FVO	M45	41:01
9	Jon Cross	FVO	M50	46:54
10	Brad Connor	FVO	M45	48:05
11	Alastair Dunlop	CLYDE	M45	52:45
12	John Heaton	FVO		61:24
	Neil Anderson	FVO		m16-22

Short

1	Jamie Goddard	FVO	M16	38:43
2	Mark Holliday	FVO	M60	40:43
3	Mark Wood	ESOC	M50	45:40
4	Louise Longhurst	FVO	W55	50:07
5	Rachel Kirkland	INT	W45	56:39
6	Robert Neil	FVO	M60	62:56
7	David Nicol	FVO	M65	68:48
	Hugo Barker	FVO	M55	rtd
	Fergus Barker	FVO	M55	rtd
	Jude, Marianne & Heidi Maxwell	FVO		rtd