

Laigh Hills – Final Info

Map Scale – 1:4,000 – brand new map of the parks

Park Courses – Light Green (3.2km – 2 part map), Orange (2.5km), Yellow (1.5km)

“Urban” Courses - Long (5.9km – 2 part map), Short (4.6km) – ~25% hard surface

Courses close – 13:00 (report back to the finish by then)

Path closure – Marked in purple on map, courses avoid

Hazards – RIVER, RAILWAY, STEEP SLOPES – it is pretty slippery at the moment

You may wish to choose route choices to avoid the steepest slopes.

Public – Lots of people use the area for recreation – **be polite!**

Road crossings – take care crossing the minor roads on Urban courses

Covid-19 – Follow all guidelines and instructions

- If you're displaying one or more Covid-19 symptoms you must not attend.
- If you are in Covid-19 quarantine you must not attend.
- People in higher risk categories as set out by the government should be aware that attending places you at increased risk.
- The 2-metre rule applies at all times, including at controls, so please move away from controls as soon as you have punched. Please also maintain distancing on the route between parking and Start/Finish.
- Please keep young children with you at all times.
- You need to turn up for your starts on time. There is minimal room for rescheduling late starters, and you may have to wait to get an available start slot.
- Please do not congregate at the start/finish/car park.
- By taking part you agree to British Orienteering code of conduct (see https://www.britishorienteering.org.uk/COVID19_Safe_Orienteering)