

Beecraigs East WEE (on a Thursday) 10th Jun - Final Details

Important Covid Info:

1. If you're displaying one or more Covid-19 symptoms you must not attend.
2. If you are in Covid-19 quarantine you must not attend.
3. People in higher risk categories as set out by the government should be aware that attending places you at increased risk.
4. The 2-metre rule applies at all times, including at controls, so please move away from controls as soon as you have punched. Please also maintain distancing on the route between parking and Start/Finish.
5. Please keep young children with you at all times.
6. You need to turn up for your starts on time. There is minimal room for rescheduling late starters, and you may have to wait to get an available start slot.
7. Please do not congregate at the start/finish/car park.
8. By taking part you agree to British Orienteering code of conduct (see https://www.britishorienteering.org.uk/COVID19_Safe_Orienteering)

Terrain

The Blue course passes through an area to the North of Beecraigs which has some dense woodland and has recently grown some high nettles. Although it is possible to avoid them, it may be likely that you will be stung.

Parking

Parking is in the Lochside car park at beecraigs. It is free to park here.

Courses

Course Color	Length (km)	Climb (m)
Yellow	1.6	40
Orange	2.5	65
Green	4.	85
Blue	5.5	125

Start/Finish

The start is adjacent to the car park. The finish is a short distance away from the car park. Please do not forget to download after finishing, even if you retired or missed some.

Map

The map is 1:10,000 with 5m contours. The map is up to date with the only major exception of an area with a new sheep pen and new car park which the Green and Blue courses pass by. Both these areas have been marked on the map with the text 'New Car Park'.

Safety

Crags - All courses head down paths beside some steep crags. Only the green and blue courses visit these crags, and courses have been planned to discourage having to come down these crags. Please do not attempt to come down these as they are steep and high in parts.

Roads - There are a number of roads running through the area, which are likely to have cars driving up and down them quickly during the event. These are marked as out of bounds with purple crosses on the map. The Yellow and Orange courses do not cross the roads, however the Green and Blue courses do. One of these crossings requires running along the road a short distance to reach a gate. Please take care when crossing.

Mountain Bike Tracks - Beecraigs is a popular mountain biking location and so there may be cyclists on the paths in the area. Please take care and let them pass. There is a dedicated mountain bike track that runs through the area marked by purple crosses. You should not need to run along this track, but please avoid it.

Dogs - Please be courteous to dog walkers and maintain social distancing.

Closing

Courses close at 8pm. Please head to the finish if you are still out at this time. The car park closes at 9pm.