

Forth Valley Orienteers

Dumyat Local Event
10 April 2022

Advance Information

Location: North-west slopes of Dumyat

Car park: On hard standing at Cocksburn Wood, between SSEN power line and Sheriffmuir Road.
Grid ref NS 815986
FK9 4LS
2 miles north east of Bridge of Allan

Travel directions:

From Bridge of Allan: From the A9 turn north at the Meadowpark pub (near Stirling University entrance) into Kenilworth Road. After 200m turn right uphill (east) into Sheriffmuir Road; after 600m Sheriffmuir Road bends right uphill (east) as a single track road; continue north for 2 km.

From the north: At the road junction near the former Sheriffmuir Inn turn south onto a single track road (Sheriffmuir Road), signposted to Bridge of Allan, continue for 3 km.

Toilets: None

Courses:

Yellow	1.7 km, 75 m climb, suitable for beginners
Orange	2.2 km, 95 m climb, if familiar with a map & can follow a simple compass bearing
Green	3.7 km, 145 m climb, technically hard
Blue	4.8 km, 185 m climb, technically hard

Closing date for guaranteed entries: Wednesday 06/04/2022 at 10:00 am.

Late entries may be possible subject to map availability.

Start: 400 metres south from the car park, includes 40 metres along a minor road, then through a farm gate onto Dumyat hill. Under 16s should be accompanied; PLEASE CLOSE THE GATE.

Start times: 11:30 to 13:00. There is a junior fell race on Dumyat starting at 11:00, but most runners should finish by 11:50. There is unlikely to be any conflict, but Yellow and Orange entrants may choose to start after 11:45 if desired. Ignore any non-orienteeing flags or markers.

Terrain and safety:

Open runnable hill pasture, grass and heather, marshy in places. Yellow and Orange courses make use of the two main tourist paths along the west ridge. Green and Blue courses include the western summit plateau (elevation 373 m) where there are some large crags, which can be avoided and care should be taken. The hillside is exposed and in poor weather extra clothing including a cagoule should be carried or worn.

Courses close at 3.00pm. ALL COMPETITORS MUST REPORT TO THE FINISH AND DOWNLOAD.