

HERMITAGE WOODS - WEDNESDAY EVENING EVENT #2

20/04/2022 Final Details

Parking: As shown on the FVO event page – we are using a small car park at the University Health centre (NS809968). Parking there and elsewhere on campus is free after 5pm (but payable before then). The University is served by regular, frequent buses from Stirling centre and is within 1.5km walking distance of Bridge of Allan station.

Toilets: There are no toilets at the car park but there are toilets in the main university building (across the bridge over the lake) that may be used.

Start/Finish: Within 200m of the car park. Collect your maps from Dave's car and follow tapes/signs to the start – competitors on Yellow may look at their map before the start. The finish is within sight of the car park.

You should aim to arrive in time for your allocated start time – however, we will let people start when they arrive. Please always adhere to the 2m rule while waiting.

Terrain:

Mainly steep, deciduous woodland with an extensive path network. There is little undergrowth at present and the forest is generally very nice running. The Green course will encounter one patch of recent windblow, which can be avoided by following the mapped paths (there is a way through, but no guarantee that you will find it first time!). The Green course also crosses one minor road – traffic is light, but please take care and watch for bicycles going downhill fast. Note that the terrain off the paths is very steep, and all competitors should take care when running on some of the narrow paths.

Map: 1:7500, Contour interval 5m. Last updated 2021.

Control descriptions: These are printed on the front of the map. There will be no loose descriptions at the event, but you can download your descriptions from this email and print them off yourself.

Timing: Sportident in Contactless mode (SIAC) but any version of Sportident dibber will work. Note that all dibbers, including SIAC, must be dibbed manually at the Start and the Finish.

Controls: Please avoid putting your hands on any of the equipment.

Courses:

Yellow 2.1k +90m
Orange 2.4k +115m
Green 3.6k +240m

Courses close: at 8:00pm. If you are still out on the course at 8pm, please head directly to the finish!

Safety: There will be other users in the woods, such as dog walkers, runners and cyclists. Please be considerate to other people using the area for recreation, bearing in mind the ongoing distancing rules.