Coxet Hill Sprint – 17/08/22

Final Details

Parking: Please park on or nearby Gateside/Wordie Road FK79DF (https://what3words.com/steps.snake.choice)

Start/Finish: Both are in close proximity to the road used for parking

Toilets: no toilets available so please go before you come!

Terrain: Housing estate with some alleys, steps, grassy slopes and uneven surfaces

Map: 1:4000 with 2.5m contour intervals

Control Descriptions: Printed on the map. No loose description but you may print your own

Timing: SPORTIdent will be used. Touch free punching will be activated. Start and finish must be punched manually

Courses:

Junior	1km
Short	2.6km
Long	4km

*All distances are roughly optimum route

Courses Close: 8pm. All finishers MUST return to the finish and download

Safety Info: There is lots of litter around the area. One path has been made out of bounds due to broken glass. Please do not g down this path! The area is shared by the public so please watch out for walkers, dogs and children. The junior course crosses 2 roads, both extremely quiet cul-de-sacs.

Participants take part at their own risk: any participants with relevant pre-existing medical conditions which might affect their participation should disclose them to the race organiser before they start

Contact: please contact Holly Stodgell (holly@stodgell.co.uk 07443654358) if you have any questions

Have fun :)