## **Dunblane Sprint Event – 14 September 2022 – Final Details**

Parking: In the Dunblane Cathedral car park, FK15 0AW or nearby on-street parking

OS Grid reference NN 781014

Google maps: <a href="https://goo.gl/maps/rth8Pk5BQkd5N88D7">https://goo.gl/maps/rth8Pk5BQkd5N88D7</a> What 3 words: <a href="https://w3w.co/joggers.digests.bullion">https://w3w.co/joggers.digests.bullion</a>

Start/Finish: Start – NW corner of car park. Finish – 100m

Terrain: Mainly tarmac, with some areas of grass / parkland. The long course also visits a wooded area.

Toilets: There are no toilets at the event. Tesco near the railway station has a customer toilet.

Safety: Both courses cross moderately busy roads (Under 16s must be shadowed). Please take care when crossing. Please be sensitive to local residents and observe out of bounds areas. If you are unwell with COVID-19 symptoms or have a high temperature, you should follow the 'Stay at Home' guidance available on <a href="NHS Inform">NHS Inform</a>.

Map: 1:4,000 2.5m contour interval, surveyed by M Pinker 2012 and updated by G Gristwood 2016.

Control Descriptions: will be printed on the front of the map. No loose control descriptions but a pdf will be available for printing from the FVO website.

Courses (based on straight line measurement): Long 3.7 km Short 2.1 km

Courses close at 7:30pm. All participants MUST report to the finish by that time.

Participants take part at their own risk – any participants with relevant pre-existing medical conditions which might affect their participation should disclose them to the race organisers before they start.

Organiser: Cathy Tilbrook, 07857 556817 / cathytilbrook@yahoo.co.uk