

## Hallglen Sprint Event – 21 September 2022 Final Details

**Parking:** Available in the car park of the former Hallglen Sports Centre, or at nearby shops  
OS Grid reference NS 889 785

Google maps: [Hallglen Community Hall - Google Maps](#)

What 3 words: [what3words /// The simplest way to talk about location](#)



**Start/Finish:** Grassy area immediately north west of sports centre

**Terrain:** 1970s Scottish housing estate, with many narrow passages. All courses visit the southern tip of Callendar Park, on rough open grass.

**Toilets:** There are no toilets at the event.

**Safety:** All courses cross a minor (20mph) road at least once. Under 16s do not require to be shadowed by a responsible adult this week, but you may do so if you wish. There may be slow-moving traffic accessing houses at the time of the race.

There is a building site on the competition area, which is marked on the map as “out of bounds”; please do not attempt to cross it.

Please be sensitive to local residents and observe out of bounds areas. Take particular care on narrow passageways with restricted visibility ahead.

If you are unwell with COVID-19 symptoms or have a high temperature, you should follow the ‘Stay at Home’ guidance available on [NHS Inform](#).

**Map:** 1:4,000 2.5m contour interval, surveyed by G Gristwood 2015 with minor subsequent updates by C Smithard and K Jones.

**Control Descriptions:** will be printed on the front of the map. No loose control descriptions but a pdf will be available for printing from the FVO website.

**Courses** (based on straight line measurement):

Long: 3.2 km with 60m climb and 25 controls

Short: 2.6 km with 45m climb and 21 controls

Novice: 1.7km with 35m climb and 18 controls

Long and Short courses have a map-flip partway round.

**Courses close** at 7:30pm. All participants **MUST** report to the finish by that time.

Participants take part at their own risk – any participants with relevant pre-existing medical conditions which might affect their participation should disclose them to the race organisers before they start.

Organiser: Steve Scott, 07580 708368 / [stevenscott1966@yahoo.co.uk](mailto:stevenscott1966@yahoo.co.uk)

Hallglen is possibly the best Sprint area in the 2022 sprint series. Last used for SprintScotland in 2017, it was shortlisted that year for IOF Course of the Year.