

Bonnyfield – Wednesday Evening Event 10/05/2022 – Final Details

Parking – Car Parking Bonnybridge Community Centre, Bridge Street:
FK4 1AA
GR: NS823 801

Toilets: There are no toilets at the event, please plan accordingly.

Start/Finish: Go northwards round the community centre building to pick up footpath over footbridge into playing fields and assembly area – 2 minutes' walk.

Terrain: Open heathland, mixed woodland, some brambles, nettles and thorny bushes – be prepared! The two Green courses also visit the housing to the north of the area.

There is a possible route choice – only on the Green course – which would involve having to cross the busy A803 due to the lack of pavement. This section of road is therefore out of bounds and will be marked as a forbidden route on the map, anyone ignoring this will be disqualified. Other (good) route choices will be available.

Map: 1:5,000 5m contour interval, survey and cartography by Chris Smithard 2019-2020. There are a few minor new unmapped paths created by dogwalkers, mountain bikers etc. There is also a brand new unmapped fence around a series of small ponds, a marked up map will be on display at registration so

Control Descriptions: Are printed on the front of the map. No loose control descriptions, but a pdf will be available for printing from the website.

Timing: Sportident in Contactless mode (SIAC) but any dibber will work. All dibbers must be dibbed manually at the start and finish.

Courses:

Green course: 5.6k (4.8k straight line) 125m

Short Green course: 3.6k (3.2k straight line) 95m

Orange Course: 2.8k (2.1k straight line) 45m

Yellow Course 2.1k (1.9k straight line) 40m.

Courses Close – 20:00. All participants MUST report to the finish by that time.

Participants take part at their own risk – Any participants with relevant pre-existing medical conditions which might affect their participation should disclose them to the race organisers before they start.

Do check for ticks after your run!

Contact – if you have any questions, please contact Simon Hunt:

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