

## **Cambusbarron Urban – 4<sup>th</sup> October 2023 – Final Details**

Welcome to the final event in this year's urban series. Still plenty to play for, check out the league table [here](https://fvo.org.uk/events/2023/sep/27/grangemouth-sprint/) (https://fvo.org.uk/events/2023/sep/27/grangemouth-sprint/).

### *Parking Location*

Cambusbarron village hall NS 778923 / what3words: spin.lined.fills

Alternatively, as space is limited, please park considerately in the local streets.

### *Start/Finish*

Very close to the parking, follow tapes. There is a separate start for the Short, to avoid crossing a busy road straight off the start. The starts are visible from one another and less than 50m apart.

### *Courses*

Straight line distance – Long: 2.7 km Short: 2.0 km

Optimum route – Long: 4.0km Short: 2.9km

Courses close at 7:30pm. All participants MUST report to the finish by this time.

We're sorry that we've been unable to put on a Novice course, the mapped area is intersected by a number of busy roads that hasn't allowed it.

### *Map*

1:4,000, 2.5m contour interval, surveyed by Lewis Taylor in 2020, minor updates 2021.

### *Control Descriptions*

The control descriptions will be printed on the map, and uploaded to the event site with the final details for printing in advance if you wish to do so. We have used the 'linear thicket' control description for a mapped fallen tree (long course only).

### *Toilets*

There are no toilets at the event. Please consider this and go beforehand.

### *Other notes*

It is the last event in the series and it will be getting dark quite early. If you are a late starter and it is overcast, you might wish to consider taking a small headtorch to be able to read your map later on.

As with all urban events, under 16's must be shadowed. Please take care crossing roads, the busy ones are also quite narrow, and on-street parking can mean moving vehicles are on the wrong side of the road.

Some mapped uncrossable fences/walls are actually quite easy to cross but please make sure that you don't, as this will lead to disqualification.

Courses cross a field which may be being used as a football pitch so be considerate to footballers using the pitches and stay the right side of the touchlines.

Please don't travel to the event if you're feeling unwell, and do please let us know of any relevant pre-existing medical conditions.

Above all, have fun!

Sam Hunt / Simon Hunt