



**Forth Valley
Orienteers**

www.fvo.org.uk

invite you to their

STIRLING CITY RACE WEEKEND

hosted alongside the Euromeeeting international and world ranking races

13-15 October 2023



Preliminary Information

September 2023

WELCOME

Forth Valley Orienteers is delighted to invite you to our Stirling City Race weekend, a chance to enjoy sprint and urban racing in Central Scotland alongside the opportunity to watch international runners in the Euromeeting races at the same venues

We are offering a full set of races, with a prologue race on the evening of Friday 13th (after the Euromeeting Mixed Sprint Relay), and then an overall competition which combines two individual races on Saturday 14 October and a longer urban race (the Stirling City Race) on Sunday October.

We look forward to welcoming you to our part of Scotland!

PROGRAMME AND LOCATIONS

(timings are provisional and final timings will be confirmed in the Final Details/Bulletin 2)

Friday 13 October

Queen Victoria School, Dunblane

- 1500hrs Euromeeting Mixed Sprint Relay (national teams)
- 1630hrs Prologue races (all other competitors)

Saturday 14 October

University of Stirling

- all day: KO Sprint (Euromeeting incorporating Open WRE)
- mid-morning & late afternoon: 2x Individual Sprint races (all other competitors)

Sunday 15 October

Stirling Old Town

- 0900hrs Individual Sprint (Euromeeting incorporating Open WRE)
- 1100hrs Stirling City Races (all other competitors)

GENERAL INFORMATION

(This information is for the Stirling City Race weekend. Information on Euromeeting and the World Ranking Events is found in Bulletin 1 for those events, see [IOF Eventor](#))

ORGANISATION

Event Director	Jon Cross
Enquiries	crossjg@gmail.com
Website	www.fvo.org.uk
Mapping	Graham Gristwood
Day Organisers	Jon Cross, Andy Llewellyn, Colin Matheson
Course Setters	Graeme Ackland, Jon Cross, Ross McLennan
Controller	Rob Hickling

ACCESS & TRANSPORT

There will be registration/enquiries at the event arena each day. There is no separate event centre.

Friday 13 October Queen Victoria School, Dunblane

Parking will be in Dunblane outside the competition area, and all participants will arrive in the competition area using a specified walking route. More information will be provided in the Final Details. There is no catering at the event arena.

Saturday 14 October University of Stirling

The event arena will be at the University. Arrangements for parking will be provided in the Final Details. There will be cafes at the event arena and also cafes and a supermarket accessible near the event arena.

Sunday 15 October, Stirling Old Town

The event arena will be in Stirling. There will be a coffee stall open at the event arena, and Stirling city centre with shops, cafes and restaurants is nearby.

All three competition venues are near to train stations (Dunblane, Bridge of Allan, Stirling). All of these stations have direct train services from Glasgow and Edinburgh (both of these have airports).

Stirling bus station also provides a variety of local and national connections.

Stirling and Bridge of Allan also have a range of locations for picking up and dropping hire bikes using the 'Nextbike' service which is £1 for each 20mins of hire (see <https://www.nextbike.co.uk/en/stirling/locations/>)

The terrain for the races is as specified alongside the WOC 2024 embargoes (at <https://eventor.orienteering.org/Events/Show/6106>), or can be seen directly at [Eurometing 2023 and WOC 2024 embargoes](#)

If a competitor has unfair familiarity with the terrain, for example through living within the embargoed area, it is their responsibility to declare themselves non-competitive.

ACCOMMODATION

There are a lot of hotel and BnB options available near Stirling. Unfortunately some hostels closed during Covid and have not reopened, and we are sorry that Stirling youth hostel is in the embargo area!

The Premier Inn and Travelodge chains both have several hotels within easy reach of the competitions.

ENTRY INFORMATION

Entries for the Stirling City Race weekend including Prologue can be made at https://www.sientries.co.uk/event.php?event_id=12245

Friday 13 October: Prologue races.

Following the Eurometing Mixed Sprint Relay, there will be a public race using the Eurometing courses with mass starts on a gaffled course. Competition will be both within your mass start, and against others running the same gaffle in other mass starts. We will attempt to match similar-speed runners in the mass starts.

Saturday 14 October: 2x Individual Sprint races

These will be one sprint race in the morning (between the Eurometing KO Sprint qualification races and the QuarterFinals), and one sprint race in the late afternoon (after the Eurometing KO Sprint Final).

Sunday 15 October: Stirling City Race

This will be a longer distance urban race, and will form part of the Scottish Orienteering Urban League.

CLASSES

The competition classes for Men and Women will be the standard Scottish Orienteering urban racing age categories:

- Young Juniors (12-)
- Juniors (16-)
- Open
- Veterans (40+)
- Super Veterans (55+)
- Ultra Veterans (65+)
- Hyper Veterans (75+)

Please note that our expectation is that most people eligible for the Open category will choose to enter the World Ranking Events alongside Eurometing, rather than these races. People wishing to do so can do that at https://www.sientries.co.uk/event.php?event_id=12247

There will be prizes in each category (except Open) based on the overall results of combined times from the three races on Saturday and Sunday.

FEES

Prologue:	Adults £7; Juniors/Students £3.50
Individual Sprints (per race)	Adults £14; Juniors/Students £7
Stirling City Race:	Adults £14; Juniors/Students £7
SIAC hire	£3 per race

COMPETITION INFORMATION

MAPS

All maps are at 1:4000 with 2.5m contour interval, updated and drawn using ISSprOM 2019-2 in 2023 by Graham Gristwood

PREVIOUS ORIENTEERING MAPS

Queen Victoria School was last used in 2011. The southern part of the embargoed area was visited by the longest courses at the FVO urban race in 2017, see <https://routegadget.fvo.org.uk/rg2/index.php#42&course=1>. A composite map of the most recent maps can be seen at <https://fvo.org.uk/events/2023/oct/13/euomeeting-mixed-sprint-relay-public-sprint/>

Stirling University was used for JEC 2016 (the map/courses are at <https://www.soa.routegadget.co.uk/rg2/#58>). A blank map of the wider area as used in 2018 can be seen on the Eventor page at <https://eventor.orienteering.org/Events/Show/7889>

Stirling Old Town was used for Race The Castles in 2014 and the map/courses are at <https://www.soa.routegadget.co.uk/rg2/#43>

TERRAIN

Friday: the Euomeeting embargo area has two parts: there is a school campus with tarmac areas, areas of parkland, and small areas of woodland, and there is a residential area with quiet public roads and pedestrian alleyways.

Saturday: the Euomeeting embargo area is a university campus: it has a variety of residential and teaching buildings, with some quiet campus roads, as well as some areas of parkland and small areas of woodland. There is a large loch in the centre of the campus. It is mainly typical British university campus terrain.

Sunday: the Euomeeting embargo area is made up of Stirling Old Town (sometimes called the 'Top of the Town') this is the area surrounding Stirling Castle and as well as quiet roads and residential building, this includes a number of historical buildings with their own grounds, as well as a number of paved pathways around the castle and through nearby graveyards and woodland. The embargo area extends towards the city centre which is a mix of residential and retail buildings.

Cross all roads and deal with traffic safely - take the time to be safe and aware. Respect other participants and the general public. Road crossings for under 16s will be marshalled if needed.

PUNCHING SYSTEM

The punching system used will be SportIdent with AIR/touch free enabled.

CLOTHING

Shoes with metal spikes (including dobbs) are not permitted at any of the races. No other restrictions.

RULES

The races will be held under British Orienteering Federation and International Orienteering Federation rules. In any case of conflict between them, IOF rules will take precedence.

All competitors must follow British Orienteering's Participant Code of Conduct.

Competitors must not attend the event if they have been advised to self-isolate / quarantine.

THANKS

Forth Valley Orienteers would like to thank all the following for their help with this weekend

Queen Victoria School, Dunblane

University of Stirling

University of Stirling Student Union

Cowane's Trust

Stirling Council

Active Stirling



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