

Forth Valley Orienteers
Sprint Series 2023
Long Course

Pos	Name	Age Class	Club	King's Park	Denny	Dunblane	Broomridge	Linlithgow	Dollar	Grangemouth	Cambusbarron		King's Park	Denny	Dunblane	Broomridge	Linlithgow	Dollar	Grangemouth	Cambusbarron		Max 1	Max 2	Max 3	Max 4	Max 5	No of Events	Total
	Will Hensman	M40	FVO		23.37	21.10	19.11	17.44	15.10	18.35				100	92	100	100	95	93			100	100	100	95	93	6	488
	Ross White	M21	STAG	28.06		22.41	19.55	18.44	15.48	19.17			73		87	98	93	93	89			98	93	93	89	87	6	460
	Paul Hammond	M45	FVO	23.50		24.39	22.30		18.09	20.11			87		80	86		79	85			87	86	85	80	79	5	417
	James Hammond	M18	FVO	21.04				PLAN	14.35	17.01			98				100	100	100			100	100	100	98	4	398	
	Patrick Low	M21	IND	27.12	31.37	25.16	22.12	22.06					76	75	77	86	78					86	78	77	76	75	5	392
	Alison Campbell	W21	STAG	26.22		27.52	24.28	21.58	18.18	23.47			78		71	79	79	79	72			79	79	79	78	72	6	387
	Rachel Kirkland	W50	FVO		30.09	29.11	24.04	25.06	18.37	24.29				78	67	79	68	78	70			79	78	78	70	68	6	373
	John Heaton	M45	FVO	28.40	31.25		24.18	26.05	19.30	26.23			72	75		79	66	74	65			79	75	74	72	66	6	366
	Heather Thomson	W45	FVO	29.30	30.30	28.21		26.21	19.46	24.26			70	77	69		65	74	70			77	74	70	70	69	6	360
	Mark Johnston	M50	FVO				20.34	19.03	17.08	21.00						94	90	84	81			94	90	84	81	4	349	
	Jonathan Molloy	M55	FVO	27.34	36.24	36.03	25.09	22.50					75	64	54	76	76					76	76	75	64	54	5	345
	Rob Truswell	M45	FVO	29.50	35.45		28.40	25.42		29.43			70	66		67	67		67			70	67	67	67	66	5	337
	Lucas Whitworth	M14	FVO	30.58		32.52	30.28	25.05	21.14	28.01			67		60	63	68	68	61			68	68	67	63	61	6	327
	Dominic Edward	M40	FVO				24.04	21.27	18.16	22.45						79	81	79	76			81	79	79	76	4	315	
	Ben Stansfield	M55	FVO				22.46	24.24	19.20	23.01						85	71	75	74			85	75	74	71	4	305	
	Alasdair McLeod	M21	FVO	20.55	PLAN				14.42				100	100				99			100	100	99			3	299	
	Robert Neil	M65	FVO		41.33	34.18	33.31		25.33	29.43				57	57	57		57	57			57	57	57	57	57	6	285
	Vernon Gayle	M55	FVO	40.30	45.38	MP	34.24	28.39	24.40	32.06			51	51	0	56	60	59	53			60	59	56	53	51	7	279
	Alexander Hunt	M14	FVO			31.16	27.36	24.26	19.56						62	70	71	73				73	71	70	62		4	276
	Chris Kelly	M45	FVO			30.20	22.57		14.34						64	85		100			100	85	64			3	249	
	Rhys Stanwix	M55	FVO	31.46	39.18		29.24	29.33					65	60		65	58					65	65	60	58	4	248	
	Josie Stansfield	W50	FVO			33.57	29.41	MP	22.32	30.14					58	65	0	64	56			65	64	58	56	0	5	243
	Peter Owen	M16	FVO		29.25	27.56	24.55							80	71	78						80	78	71			3	229
	Helen Chiswell	W45	DVO		43.13	35.25	31.20			29.09				54	55	61			58			61	58	55	54		5	228
	James Edward	M12	FVO	58.48	55.40	49.24	48.44	34.47		38.44			35	42	40	39	50		44			50	44	42	40	39	6	215
	Andy Johns	M50	FVO	32.10		31.56			18.23				64		62			79				79	64	62		3	205	
	Nicola Melville	W50	FVO		MP	45.00	39.55		27.20	34.32			0	52	49			53	50			53	52	50	49	0	5	204
	Andrew Twigg	M18	FVO	29.17	33.02	34.22							70	71	57							71	70	57		3	198	
	Cathy Tilbrook	W55	FVO	34.28			26.12		22.38				60			73		64				73	64	60		3	197	
	James Trott	M21	IND	27.55		23.58							75		82							82	75			2	157	
	Rupert Parkinson	M55	FVO						18.07	22.04								79	77			79	77			2	156	
	James Fathers	M21	FVO		29.33	26.51								80	73							80	73			2	153	
	Ted Finch	M70	FVO	40.58		41.32		34.24					50		47		50					50	50		47	3	147	
	Dan Graves	M21	CLYDE			32.27			19.37						60			74				74	60			2	134	
	Neil Conway	M55	AIRE	30.21				26.17					68				65					68	65			2	133	
	Jon Cross	M55	FVO	34.16		33.05							60		59							60	59			2	119	
	Louise Longhurst	W55	FVO		40.34				24.22					58				59				59	58			2	117	
	Jen Leonard	W50	FVO		42.24				25.51					55				56				56	55			2	111	
	John Owen	M65	FVO		48.03		36.25							49		53						53	49			2	102	

Dave Godfree	M45	FVO							PLAN									100				1	100	
Jamie Goddard	M20	FVO							PLAN										100				1	100
Peter Molloy	M21	FVO							19.45										100				1	100
Dave Coustick	M75	FVO	43.23						42.47										46				2	94
Geoffrey Hensman	M75	FVO	41.40							43.01									44				2	94
Dan Weaver	M21	UBOC								19.45									88				1	88
Ben Parkinson	M21	IND																	82				1	82
Lizzie Stansfield	W21	EUOC								23.35									82				1	82
Ewan Jack	M50	IND																	75				1	75
Alistair Black	M21	ESOC								26.38									74				1	74
Patrick Lang	M21	STUOC																	73				1	73
Bryony McLeod	W21	FVO	28.56																72				1	72
Hazel Dean	W60	FVO	29.03																71				1	71
Simon Hunt	M55	FVO	31.03																66				1	66
Alison Cunningham	W60	FVO								30.42									64				1	64
Jane Emslie	W40	FVO																	61				1	61
Alice McDaid	W40	FVO																	60				1	60
Pascal Lardet	M55	FVO								44.40									53				1	53
Steve Ewens	M65	FVO	40.59																50				1	50
Brian Bullen	M70	FVO																	49				1	49
Kate Boshier	W21	UBOC																	49				1	49
Clare Martin	W60	FVO								41.05									47				1	47
Maire Convery	W55	TAY								41.57									47				1	47
Leslie Dagleish	M70	ESOC																	46				6	46
Paul Tamosaitis	M35	IND								43.01									45				1	45
Phil Pickett	M50	IND																	44				1	44
Rory Percival	M55	TAY								49.28									39				1	39
Kirsty Ryman	W21	CLYDE								RTD									0				1	0

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Short Course

Pos	Name	Age Class	Club	2023								2022								Max 1	Max 2	Max 3	Max 4	Max 5	No of Events	Total							
				King's Park	Denny	Dunblane	Broomridge	Linthgow	Dollar	Grangemouth	Cambusbarron	King's Park	Denny	Dunblane	Broomridge	Linthgow	Dollar	Grangemouth	Cambusbarron														
	Matthew Inman	M14	FVO	16.16	21.08	17.47	15.02	15.13	14.07	15.39								88	91	100	88	93	96	93	100	96	93	93	91	7	473		
	Scarlett Kelly	W16	FVO	16.47	19.13	17.57	15.42	16.29	13.44									87	100	99	86	86	100		100	100	99	87	86	6	472		
	Esme Kelly	W14	FVO	16.31	21.46	21.21	17.13	17.34	14.46	PLAN								88	89	82	77	81	93	100		100	89	88	82	7	452		
	Rebecca Hammond	W16	FVO	16.39	22.30	20.14	15.48	16.45	15.17	16.20								87	86	87	86	85	89	88			87	86	7	437			
	Simon Finch	M40	FVO	21.29	25.51	22.52	PLAN	20.32	16.41									67	75	78	100	69	81				100	81	78	75	69	6	403
	Kirstin Maxwell	W21	RR	14.28			14.23	15.22		14.29								100			93	92		100			100	100	93	92	4	385	
	Heather Low	W21	MAROC	20.41	25.44	25.38	19.54	21.40										70	75	69	68	66					75	70	69	68	66	5	348
	Brad Connor	M50	FVO	18.58	25.00	18.50			14.20									77	76	94			95				95	94	77	76	4	342	
	Leslie Dalglish	M70	ESOC		30.38	26.28	21.19	23.21	18.56										63	66	62	60	72				72	66	63	62	60	5	323
	Fiona Hendrie	W60	FVO			26.53	21.58	22.15	19.31	23.35										66	61	63	70	61			70	66	63	61	61	5	321
	Lucas Baikie	M12	FVO	21.08	32.59	25.34	23.10	24.15	21.24									68	59	69	57	58	63				69	68	63	59	58	6	317
	Margaret Dalglish	W70	ESOC		28.56	27.59	23.52	25.58	20.47	22.47									67	63	56	55	66	64			67	66	64	63	56	6	316
	Hanna Brindley	W14	FVO		29.35		17.50	18.19	14.22										65		76	77	95				95	77	76	65	4	313	
	Sue Burnes	W65	FVO	22.34	35.13	28.37			22.17	26.40								64	55	62			61	54			64	62	61	55	54	5	296
	Laura Hendrie	W21	FVO			19.44	16.16	17.18	33.59											90	82	82	40				90	82	82	40	4	294	
	Caroline Clarke	W45	FVO	24.25		32.23	22.24	27.19	20.07	27.29								59		54	60	52	67	53			67	60	59	54	53	6	293
	Eilidh Connor	W14	FVO	18.47	24.46		20.03	24.03										77	78		66	58					78	77	66	58	4	279	
	Charles Gunn-Russell	M21	ESOC				19.12	23.43	17.07	22.38										69	60	79	64				79	69	64	60	4	272	
	Dawn Goddard	W55	FVO		28.19		22.00	22.55		22.26									68		60	62		64			68	64	62	60	4	254	
	Kate Kilpatrick	W50	FVO	28.12		31.56	29.23	31.39	24.02									51		55	45	45	56				56	55	51	45	45	5	252
	Lucy Hensman	W18	FVO	PLAN	26.01	23.38												100	74	75							100	75	74		3	249	
	Steve Scott	M55	FVO	33.03	45.39	42.22	34.48	30.19	36.20	38.57								43	42	41	38	46	37	37			46	43	42	41	38	7	210
	Val Finch	W70	FVO	32.48	45.26	44.39	36.54	36.43	35.13	34.26								44	42	39	36	39	38	42			44	42	42	39	39	7	206
	Roger Goddard	M45	FVO				13.24	15.40												100	91						100	91			2	191	
	Kenny Gunn-Russell	M65	ESOC				28.15	28.23	21.39	50.14										47	50	63	29				63	50	47	29	4	189	
	Aalya Tijhuis	W12	FVO	29.13	55.23	29.29			32.54									49	34	60			41			60	49	41	34	4	184		
	Sophie Edward	W10	FVO	43.16	52.37	37.14					28.22							33	37	47				51			51	47	37	33	4	168	
	Jamie Tijhuis	W10	FVO	37.12	47.03	55.00			28.05									38	41	31			48				48	41	38	31	4	158	
	Kirsty Flint	W18	FVO	33.27			30.32		29.59									43			44		45				45	44	43		3	132	
	Emma Trott	W21	IND	23.01		29.00												62		60							62	60			2	122	
	Dave Coustick	M75	FVO				25.05		21.51											53			62				62	53			2	115	
	Esme Finch	W12	FVO					23.49		27.20											60		53				60	53			2	113	
	Ian Hendrie	M70	FVO				36.47		34.07	37.59										36			39	38			39	38	36		3	113	
	Natasha Conway	W50	AIRE					31.37	20.06												45		67				67	45			2	112	
	Ted Finch	M70	FVO						23.26	27.14													58	53			58	53			2	111	
	Bill Melville	M80	TAY					29.45	23.21												48	58					58	48			2	106	
	Linda Janse	W12	FVO				44.01		29.51	54.45										30			46	26			46	30	26		3	102	
	Katie Hensman	W16	FVO	PLAN														100									100				1	100	
	Laura Cox	W40	FVO						13.48														100					100			1	100	
	Ross McLennan	M45	FVO					14.03														100						100			1	100	

