



Forth Valley Orienteers 2023 Annual Report and Accounts

1. President's Report

1.1. Ramping up in 2023



From regular local events to national/international races on our home-ground, FVO has had another fantastic year. A big thank you to all our event officials (Appendix 1), as well as the committee and appointed members (Appendix 2) for making this happen, we really appreciate all your efforts and hope that you find your roles rewarding. With a record 4,630 participants across 51 FVO large and small events in 2023, you have certainly rewarded our members with a high quality and quantity of orienteering across the year.

The World Orienteering Championships (WOC) is just around the corner in Edinburgh in July 2024. FVO kicked off the build up with a very successful Euromeeeting held in Stirling in October this year, essentially a WOC dress rehearsal. A huge thanks to Jon Cross, Andy Llewellyn and Colin Matheson for their lead roles and all the other club members who contributed in many ways.

At National level, FVO organised the Scottish Middle Championships at Beecraigs incorporating the British Student Individual Championship and organised the Scottish Individual Championships near Oban. The local events series and regional events continued to have record levels of participation and we have also seen increasing numbers of FVO participants in Scottish league events too.

Thanks to Roger Goddard, our coaching coordinator, and a very active coaching team, we have delivered a brilliant coaching programme this year. This has well and truly consolidated our strategic approach of offering structured monthly coaching sessions for primary age juniors (accompanied by parents), social and high quality coaching days/weekends for secondary age juniors (also open to parents/adults) and popular club training weekends (not one but two this year). Along with biannual reviews of each junior's progress by the coaching team, this has resulted in our juniors achieving huge successes in team events (taking home the Scottish inter-club Jamie Stevenson Trophy and dominating the Junior Regional Inter Areas as part of the West of Scotland team), as well as individual successes with selections to the Scottish Junior squad, British Talent Squad and at UK competitions.



Too many FVO members to name here have had amazing competitive success at home and abroad (see Appendix 3 and a special 2023 edition of the [Forth Columnist](#) for all the race reports). For the CompassSport Cup (the UK inter-club competition), we laid on a



coach and fielded a team all the way to Gloucestershire, coming home a very close second – déjà vu! Our aim is to provide opportunities for club members to compete internationally as a team, and we had two terrific FVO teams attending the Jukola event in Finland in June, the world's largest orienteering relay competition.

Our social committee has definitely risen to the challenge this year, with the highlight being a stunning 50th birthday dinner for over 100 club members of all ages, as well as the traditional Scottish 6-days tea and our annual awards night.

All this means that we are completely smashing nearly all of our strategic plan 2021-2024 targets (see our detailed progress update on the [Strategic Plan January 2024](#) on our website and a summary of key performance targets in Appendix 5). With such a brilliant club calendar of activities and socials, we have already achieved one of the key targets, which was to reach 300 members by December 2024 (Appendix 4). As well as retaining our new members, there are a few areas that we will be focusing on improving during 2024. One of these is land access permissions, where we have taken action to manage some of the issues and will consider how to improve this further in 2024.

The other area to focus relates to club development and this reflects the seven month vacancy in the Club Development Officer role. Our previous CDO, Kieran Watts left his post in December 2022 and we struggled to recruit until June, when we employed Dan Graves on a short contract over the summer. Dan's contribution as CDO was much appreciated, pioneering some new approaches to newcomer recruitment. We have now appointed Mairi Eades to the Club Development Officer post who started at the beginning of January 2024.

1.2. Looking Forward to 2024

In the lead up to the World Champs, the sprint discipline will dominate the year. Don't forget to put 12-16 July in your diary! Several FVO members are already playing a key role in delivering this event and we expect to ask our members to volunteer in other capacities, including marshalling of controls during the races. We will of course also be offering a full programme of coaching, socials and some big weekend events alongside our local weekend, night, urban and Wednesday evening series.

Enjoy!

Jen Leonard, FVO President, January 2024



2. Treasurers Report

2.1 Overview



2023 was an unusual year financially for the club due to the difficulties in recruiting a new Club Development Officer (CDO). As well as a full programme of local events, including the WEE, Night and Sprint/Urban series, FVO hosted the Scottish Middle Championships, in conjunction with the British Universities Championships. We then hosted the Euromeeing Weekend, including the Stirling City Race, which saw many international competitors preparing for the 2024 World Championships. The club recorded an overall surplus of c£6k, with income of c£51k and expenses of c£45k.

Usually the surplus from larger events would have been used to support the CDO working 2 days per week. As fewer days were worked during the year than budgeted for a larger overall surplus has arisen. This has been retained to support the CDO role in future years and puts the club onto a sounder financial footing.

The club's bank balance stands at c£29k as of 31 December 2023. Approximately £14k of this balance is ring fenced as "Deferred Grants and Donations" which will be drawn down over the next few years as we fulfil the plans outlined in each grant application. There are "net assets" of c£19k at 31 December 2023 that the club can freely deploy without constraint. Having a solid balance sheet stands the club in good stead for the future.

The main challenge for the club's finances going forward will be to maintain sufficient surplus revenue from events to support the c£12k p.a. CDO role on a long-term basis as the grant funding gradually subsides. In 2023 grants supported c£500 of the CDO role with the remaining c£1,600 covered directly by the club. The club has earmarked c£7k of deferred grants to support the role in 2024 and beyond.

2.2 Income

The table below shows the income for the period to 31 December 2023. Commentary follows the table and more detailed notes referenced in the last column are included in the later sub-section "Notes to the Accounts".

Income	2023	2022	Note
	£		
Memberships and Affiliations	2,150	1,988	1
Grants and Sponsorship	3,206	4,499	
Event Income - WEE Series	3,253	2,324	3
Event Income - Night Series	1,809	1,729	
Event Income - Local and Newcomers Series	3,489	4,161	
Event Income - Club Only	90	123	
Event Income - Sprint Series	2,315	1,819	
Event Income - Larger Events	22,571	19,828	
Coaching Income	556	-	
Scottish Six Days Income	-	-	4
Socials Income	9,565	1,457	5
Sale of Orienteering Clothing to FVO Members	1,668	309	6
Other Income	411	991	12
Total Income	51,083	39,228	

The significant increase in income in 2023 compared to 2022 is driven by a combination of general increased club events and additional social activities. In 2023, FVO hosted two major orienteering events:

- March 18th 2023: the Scottish Middle Distance Championships and British Universities Championships
- October 13th / 14th / 15th 2023: Euromeeeting Weekend incorporating the Stirling City Race

These events were well attended and generated significant income for the club to support our development ambitions.

As part of the West Area we were also heavily involved in the individual day of the Scottish Championships in May, although this generated very little income for the club. Attendance at local events increased slightly from 2022 to 2023.

2.3 Expenditure

The table below shows the expenditure for the period to 31 December 2023.

Expenditure	2023	2022	Note
Development Role	2,187	10,657	7
Mapping Costs	4,401	2,648	8
Event Costs - WEE Series	1,332	867	
Event Costs - Night Series	690	697	
Event Costs - Local and Newcomers Series	1,538	1,806	
Event Costs - ClubOnly	257	178	3
Event Costs - Sprint Series	990	953	
Event Costs - Major Events	14,502	9,086	
Relays, CSC, Harvester and JS Trophy Costs	5,107	3,507	9
Purchase O Tops and Jackets	2,046	412	6
Equipment Costs	1,550	3,519	10
Trophies and Engraving	34	40	
Socials Cost	8,953	1,796	5
Club Events - AGM, Coaching, Training	506	419	
Athlete Support	250	543	
Lifetime Membership for Members	70	70	
Donations	145	0	
Stationery, Postage, Printing and Bank Charges	137	137	
Subscriptions - Affiliation Fees	130	120	11
Other Expenses	0	851	12
Total Expenditure	44,825	38,306	

Expenses were c£6k higher in 2023 than 2022.

There was a significant decrease in the development officer role due to the period when there was no development officer in place and fewer than the budgeted 2 days / week being worked over the summer. In contrast the full 2 days / week were worked in 2022.

The increase in costs for Major Events is due to the additional costs of hosting Euromeeeting compared to the CompassSport Cup final in 2022, although these are largely offset by the increased income.

Increased social costs are due to a combination of the additional events of the 50th anniversary dinner, 6 day tea and Hawkshead weekend, as well as higher attendance at the Kincaig weekend.

Our largest expense going forward will probably continue to be the Development Officer role at c2 days per week.

The subsidies for the Compass Sport Cup and Relays were around £1.6k higher in 2023 than 2022. This is a combination of more people taking part in relays and increased subsidy for the Compass Sport Cup. In both 2023 and 2022 the club has subsidised relay entries. For 2023 the club subsidised CSC entries, travel and accommodation for the final in the Forest of Dean but did not subsidise the qualifier. In 2022 it fully subsidised the entries for the qualifier and final, both of which were hosted by FVO and so did not require travel or accommodation.

Mapping costs continue to be an important area of spend as the club invests in expanding the suite of mapping into new areas, whilst ensuring the catalogue of maps are well maintained. Where possible, grant funding is sought to cover these costs. Budgets are set and reviewed at each Committee meeting when appropriate.

2.4 Income Less Expenditure

Overall, a net surplus of c£6.3k arose in 2023, compared to a c£0.9k surplus in 2022. We would usually expect a small deficit or surplus to arise each year. However, a larger surplus arose in 2023 due to the reduced number of days worked by the development officer.

It is pleasing to see the club able to deliver a large programme of challenging and varied activities, with significant fixed costs, on a sound financial basis.

Income Less Expenditure	2023	2022
Total Income	51,083	39,228
Total Expenditure	44,825	38,306
Net Income less Expenditure	6,258	922

2.5 Net Assets and Cash Movement

The net assets of the club were £19,178 at 31 December 2023, as shown below:

	£	£	Note
Current Assets	2023	2022	
Bank Account: Business Current Account	28,960	26,479	
FVO Kit Stock	801	601	6
Printer Paper Stock	568	612	
Monies due to FVO from Members	6,246	1,961	
	36,575	29,653	
less Current Liabilities			
Deferred Grants and Donations	13,574	13,913	
Deferred Income	0	144	
Membership Fees Paid in Advance	735	470	
Other Creditors	3,087	2,208	
	17,396	16,735	
Total Net Assets:	19,178	12,917	

The club may appear to have substantial cash reserves, but almost half of the funds are ring fenced for specific purposes as outlined in our grant applications.

In addition to the recognised assets and liabilities mentioned above, FVO also has the following non-capitalised assets:

- Equipment (SI and Other) – which has been expensed through the Income and Expenditure Account as this equipment was purchased. The SI equipment is expensive to replace (c£12k replacement cost) and is difficult to insure. Other (non-SI) equipment was recently valued at c£15k replacement cost.

2.6 Grants and Donations

The club has been highly successful at securing grants in recent years and is proactively deploying the funds in accordance with the grant applications. A new grant of £700 was awarded over the year from the Dunblane Windfarm Community Fund for a map and permanent course.

Many thanks are due to all those grantors who have provided funds and for the many club members in co-ordinating and completing the applications. The club received an anonymous donation of £2,000 in 2023.

The table below shows a detailed breakdown of all outstanding grants and donations as at 31 December 2023 and their movements over the year. Grants and donations are recognised as income only when the underlying costs associated with that grant, or use of donation, are expensed. Many of the grants will therefore be recognised gradually in the income of the club over next 1-3 years. This approach avoids large unrepresentative swings of surplus and deficit in the accounts when grants are initially awarded. “Deferred Grants and Donations” represent grants awarded and donations received where the underlying expenses are still to be incurred.

Less development officer work during 2023 resulted in a lower drawdown of grants than in 2022.

Grantor	Deferred Grant Balance on 1st Jan 2023	Amount Awarded over year	Grant drawn down in year	Used for in 2023	Amount Recognised in Deferred Grants on 31 December 2023	Current Remaining funds likely to be used for:
Callander Community Hydro Fund	906	-	-	N/A	906	Development Officer support for Callander project, permanent courses.
Clackmannanshire Council Development Grant	250	-	-	N/A	250	Mapping - Gartmorn Dam (partial)
Awards for All (National Lottery Community Fund)	4,524	-	2,269	Development Officer Funding, 4 new maps	2,255	Development Officer funding, Mapping new areas (Gartmorn, Dollar etc).
Dunblane Development Trust (Braes of Doune Windfarm)	600	-	-	N/A	600	Permanent Orienteering courses in Laigh Hills
Orienteering Foundation	1,125	-	250	Development Officer Funding	875	Development Officer expansion to 2 days per week.
SOA Development Fund	607	-	236	Orienteering Foundation Courses	371	Orienteering Foundation and Level 1 Coaching Courses
Dunblane Windfarm Community Fund	-	700	-	N/A	700	Kippendavie map and permanent course
Anonymous Donation	-	2,000	-	N/A	2,000	New club website
N/A - prior balance accumulated under previous Development Officer arrangement from 2016 - 2021.	5,902	-	285	Development Officer Funding, Orienteering Foundation Courses	5,617	Development Officer expansion to 2 days per week.
	13,913	2,700	3,040		13,574	



AWARDS FOR ALL SCOTLAND



2.7 Attestation of FVO Treasurer

I have prepared the accounts for Forth Valley Orienteers at 31 December 2023 in my personal capacity as FVO Treasurer.

David Godfree, FVO Treasurer, 18 January 2024

2.8 Independent Examiner's Report

Independent Examiner's Report to the members of Forth Valley Orienteers I report on the accounts of the club for the year ended 31 December 2023 which are set out in the Treasurer's Report.

Respective responsibilities of members and examiner

The members of the club are jointly responsible for the finances of the club, in accordance with clause 8 of the constitution. It is my responsibility to examine the Accounts as required under clause 6 of the constitution and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with OSCR guidance on independent examinations. An examination includes a review of the accounting records kept by the club and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the Committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the Accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that in any material respect the requirements to keep accounting records and to prepare accounts which accord with the accounting records have not been met, or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Simon Hunt

Relevant Professional qualification/professional body: ICAEW

Address: Kinbuck Hall, Kinbuck

Date: 18 January 2023

2.9 Accounting Policies

The Accounts have been prepared on an accruals basis, so income and costs are included in the Income and Expenditure Account in the year to which they relate.

Unsold kit stock, unused grants and other balances due to and from external parties, are included as Assets and Liabilities of the Club.

2.10 Notes to the Accounts

Note 1: Membership

Membership fees are accounted for on an accruals basis (as opposed to cash basis). This has been done approximately using the date of payment of membership to determine whether that membership relates to the current calendar year or the next one. All membership fees received in November and December are assumed to relate to the next calendar year.

Note 2: This has intentionally been left blank

Note 3: Event Income

Breakdown of the event income and expenses is shown below. Larger events drove the c£2k decrease in event surplus over the year. The smaller events generated a similar surplus in 2023 and 2022.

Events	Income	Expenses					Total Expenses	2023 Net Surplus	2022 Net Surplus
		Map printing	Levies to British Orienteering	Levies to Scottish Orienteering Association	Access Costs	Other			
WEE Series	3,253	531	801	0	0	0	1,332	1,921	1,457
Night Series	1,809	276	414	0	0	0	690	1,119	1,032
Local and Newcomers series	3,489	770	663	0	0	105	1,538	1,951	2,357
Club Only Events	90	121	137	0	0	0	257	(167)	(55)
Sprint Series	2,315	387	603	0	0	0	990	1,325	866
Major Events (Scottish Middles/BUCS, Euromeeting, Callendar Park SoSOL)	22,571	2,215	1,769	951	0	9,567	14,502	8,069	10,742
TOTAL	33,527	4,299	4,386	951	0	9,672	19,308	14,219	16,398

Note 4: Scottish Six Days Income

Historically, a proportion of the income generated from the Scottish Six Days is allocated to the various Scottish orienteering clubs based on the roles that club members fulfil. Although a Scottish Six days was held in 2023 no distribution was received during the year. A distribution of £412 was subsequently received on 17/01/2024 and will be included in the 2024 accounts. FVO does not budget for this income as a matter of course.

Note 5: Socials

Socials are expected to be broadly cost neutral. A small surplus or deficit can arise when numbers of attendees are different than budgeted.

Net Costs on Socials	Income	Expenses	Net 2023	2022
Annual Awards	1,171	943	228	(184)
Hawkshead Training Weekend	2,375	2,321	54	0
6 day tea	1,100	1,114	(14)	0
50th Anniversary Dinner	3,204	3,074	130	0
Kinraig Training Weekend	1,715	1,500	215	(154)
	9,565	8,952	613	(339)

Note 6: Net cost (surplus) on Sale of FVO Clothing

The Club sells purchased stock to members at around a 15% discount. The cost of the club subsidy is recognised as soon as the kit has been purchased and placed into the FVO kit stock. Subsequent sales of remaining items from the FVO kit stock to FVO members in later years should therefore generally result in no material net cost to FVO, until a new order is placed with the supplier. In 2023, there was a small deficit of £378 based on the year end stock take. We will look to improve the approach for recording FVO clothing sales going forward.

Sale of FVO Clothing	Income	Expenses	Net 2023	2022
Sale of FVO branded O tops and jackets	1,668	0	1,668	309
Cost of FVO tops sold (valued at full purchase price from Trimtex)	0	2,046	(2,046)	(412)
	1,668	2,046	(378)	(103)

Note 7: Development Officer

Dan Graves held the position of Club Development Officer (CDO) from May to October 2023 and worked on a self-employed basis for 15.5 days over this period. No CDO was in place for the remainder of 2023.

In 2021, the club received c£7k that was held by SOA in relation to the historical operation of the CDO position from 2015 – 2020. FVO had paid a fixed amount to cover the salary, expenses, pension amounts for the CDO, plus an administration charge. This fixed sum was approximate and slightly prudent which led to a surplus balance at SOA, which has now been returned to FVO, where it will be deployed for development purposes.

Note 8: Mapping Costs

Table below shows a breakdown of the c£4.4k mapping spend. Around a half of total expenditure was matched with grants during the year.

Mapping Costs	Cost	Grants Received in 2023	Grantor
Ravencraig	500	500	National Lottery Community Fund
Touch	700	0	
Dollar	420	420	National Lottery Community Fund
Queen Victoria School	338	338	National Lottery Community Fund
Stonefield	900	900	National Lottery Community Fund
Updates to Existing Maps (Biggins Wood, Braco, Stirling University, Stirling City, Muiravonside, Sprint Spec updates)	1,543	0	
	4,401	2,158	

Note 9: Relays, CSC, Harvester and JS Trophy Costs

Higher costs were observed in 2023 than 2022 as the Compass Sport Cup Final was in the Forest of Dean whereas in 2022 it was hosted by FVO. The subsidy given was in line with previous finals in the south of England. In 2023 the club subsidised:

- 76% of Compass Sport Cup Final entries, travel and accommodation
- 100% of Jamie Stevenson trophy entries
- 50% of Junior relay entries
- 20% of Adult relay entries

Relays, CSC, Harvester and JS Trophy Costs	Income - from members	Expenses		Net 2023	2022
		Entries	Travel & Accom		
JK, British, British Sprints, and Scottish (entries part subsidised)	2,100	3,022	0	(922)	(882)
Jukola Relay (no subsidy)	1,237	835	389	13	0
JS Trophy (fully subsidised entries)	0	369	0	(369)	(288)
CSC (partly subsidised)	1,195	485	4,539	(3,829)	(2,337)
	4,532	4,711	4,928	(5,107)	(3,507)

Note 10: Equipment Costs

Equipment Costs	2023	2022
SPORTident equipment (incl. maintenance)	398	2,263
IT Equipment	336	465
Kites / Markers etc	100	0
Stakes / Gripples etc	281	0
Zoom Subscription	144	144
Tents	0	343
Condes / SI Results licenses	160	262
Other	131	43
	1,550	3,519

SPORTident equipment costs were higher in 2022 due to the purchase of a second set of SI units.

Note 11: Subscriptions - Affiliation Fees

Subscriptions - Affiliation Fees	2023	2022
British Orienteering Annual Affiliation Fee	80	70
Clubsport Stirling Affiliation Fee	50	50
	130	120

Note 12: Other Income and Other Expenses

Other Income and Other Expenses	2023 Income	2023 Expenses
Permanent Course Income	141	0
SI Equipment Hire	270	0
TOTAL	411	0

SI Equipment hire was SI units and SI cards to Ochil Hill Runners for the Ochils 2000 Race and SI units to the Scottish 6 day.

Masterplan Adventure (MA) is an orienteering club that shares FVO's desire to further the development of orienteering in the Central Belt and beyond. Given the geographical spread of the areas mapped by the two clubs, from time to time we expect MA and FVO events to request use of maps that the other club will have copyright on. Over the last couple of years FVO has run a number of smaller events on MA maps and MA has run some larger events (e.g. Christmas Cup) on FVO maps. In 2022 MA and FVO agreed that the following map royalties would be paid bilaterally:

Map Royalty	"Large" events (>£10 Senior entry fee)	"Small" events (<=£10 entry fee)
Senior	£2.00	£1.00
Junior	£1.00	£0.50

These charges are slightly different (and considered more appropriate for frequent use) to the standard charging approach of c£2 / map referred to in the current FVO charging statement online.

From an FVO accounting perspective, payments of map royalties to MA are captured in the event costs of the relevant event, whereas the income of any map royalties from MA to FVO is captured in other income. No royalties were due from MA in 2023.

Appendix 1:

Events, training sessions & activities organised by FVO in 2023

Attendance at FVO smaller events (Local, Night, Sprint, WEE) continues to set new records. In 2022, we were fortunate to have over 2500 competitors at our events throughout the year. This year, we had surpassed this figure by September (despite losing a number of summer events due to permission issues) and finished the year with a most impressive total of 3519 participants across our 46 events, at an average rate of 77 people per event. Individual attendance increases from 2022 were as follows:

- Local weekend – 34%
- Night - 15%
- Sprint – 19%
- WEE – 27%

Additionally, we put on five larger events (including one as part of the Scottish Six Days festival, for which no attendance figures are available). A further 1111 runs were recorded in the remaining events.

Planner/Organiser activities were undertaken by 40 club members, as follows:

- 5 events – Steve Scott
- 3 events – Alasdair McLeod, Sam Hunt
- 2 events – Andy Llewellyn, Dave Godfree, Fraser Purves, Holly Stodgell, Jason Inman, Jen Leonard, Jon Cross, Rona Molloy, Ross McLennan, Simon Finch, Simon Hunt
- 1 event – Beccy Osborn, Ben Stansfield, Brian Bullen, Clare Martin, Colin Matheson, Dave Coustick, Esme Kelly, Gareth Bryan-Jones, Gary Longhurst, Heather Fellbaum, James Hammond, John Heaton, Lewis Taylor, Lizzie Horsler, Lucy Hensman, Katie Hensman, Matty Smith, Neil Polwart, Paul Hammond, Peter Molloy, Rhys Stanwix, Rupert Parkinson, Scarlett Kelly, Ted Finch, Vicky Thornton, Will Hensman

Appendix 2: - Club Officials

A2.1 Event Officials

Event Official role	Number of club members
Organisers (with Event Safety Workshop training)	91
Grade A Controllers	7
Grade B Controllers	1
Grade C Controllers	8
Coaches - current Licence to Coach	7
Coaches - Licence to Coach (currently expired)	8
Coaches - no Licence	7
First aiders	21

A2.2 Club roles

Elected committee roles:

President - Jen Leonard

Secretary - Paul Hammond

Treasurer - Dave Godfree

General members - John Heaton, Neil Polwart, Steve Scott, Holly Stodgell

Appointed roles:

Club kit - Paul Hammond

Club trophies - Lindsay Hensman

Electronic equipment Manager - Will Hensman

Equipment Manager - Ben Stansfield

Local weekend events/newcomers coordinator - John Heaton

Mapping officer - Graham Gristwood

Map printing – Geoffrey Hensman

Membership secretary - Neil Polwart

Night series event coordinator - Lewis Taylor

Permanent Orienteering Course coordinator - Jason Inman

Permissions - Josie Stansfield

Press officer/Media - Steve Scott

Risk Assessment Officer – Trevor Hoey

Safeguarding officer - Hazel Dean

Social committee – Caroline Clarke, Heather Fellbaum, Gillian Godfree, Vicky Thornton

Sprint series event coordinator – Cathy Tilbrook

Team captain - Jon Cross

Webmaster - David Nicol

Wednesday Evening Event (WEE) series coordinator - Steve Scott

Appendix 3 - FVO team achievements, selections and medals

3.1 FVO Team successes

Compass Sport Cup (UK interclub team competition): FVO qualified for the final in the Forest of Dean with a new record score of points in the qualification round at Faskally. In the final, which was later than normal in November, we were 2nd once again to SYO, extending our record of podium appearances to eight straight years.

Jamie Stevenson Trophy (Scottish Junior team championship): FVO successfully defended its title won last year with a dominant performance on “home” soil at Plean Country Park.

Scottish Inter-Club Championship: This competition took into account results at a range of events throughout the year, and FVO was once again successful in both Senior (from ESOC) and Junior (from INVOC) divisions.

Scottish Relay :

Age-Class +14 (& overall Handicap)	1st
(Will Hensman, Alison Cunningham, Dave Godfree)	
Junior U36	1st
(Matthew Owen, Esme Finch, Hannah Inman)	
Age-Class +23	1st
(Vicky Thornton, Rona Molloy, Hugh Buchanan)	
Junior U48	2nd
(Esme Kelly, Matthew Inman, Scarlett Kelly)	
Men’s Open	2nd
(Jamie Goddard, Andy Llewellyn, Chris Smithard)	
Age -Class +14	3rd
(Steve Feltbower, Heather Fellbaum, Paul Hammond)	
Women’s Open	3rd
(Grace Molloy, Janine Inman, Holly Stodgell)	

J.K. Relay :

Senior Men (M120+)	1 st
(Andy Llewellyn, Roger Goddard, Will Hensman)	
JK Trophy	2 nd
(James Hammond, Alasdair McLeod, Chris Smithard)	
Ultra-Veteran (M/W210+)	2 nd
(Hazel Dean, Vicky Thornton, Alison Cunningham)	

Intermediate Women (W48-) 2nd

(Rebecca Hammond, Esme Kelly, Scarlett Kelly)

Veteran Women (W165+) 3rd

(Heather Fellbaum, Louise Longhurst, Cathy Tilbrook)

British Relay:

M40 1st

(Steve Feltbower, Roger Goddard, Will Hensman)

W50 1st

(Heather Fellbaum, Beccy Osborn, Rona Molloy)

Men's Premier 2nd

(Andy Llewellyn, James Hammond, Chris Smithard)

W14 3rd

(Eilidh Connor, Hannah Inman, Esme Kelly)

British Mixed Sprint Relay:

Elite 3rd

(Scarlett Kelly, Graham Gristwood, Peter Molloy, Rebecca Hammond)

3.2 National selections

GB Performance Squad – Kris Jones, Grace Molloy, Chris Smithard

GB Development Squad – Peter Molloy

GB Talent Squad (Scotland) - James Hammond, Sam Hunt

European University Orienteering Championships – Peter Molloy

Junior World Orienteering Championships – James Hammond

European Youth Orienteering Championships - James Hammond

Scottish Junior Orienteering Squad – Eilidh Connor, James Hammond, Rebecca Hammond, Katie Hensman, Alexander Hunt, Sam Hunt, Matthew Inman, Esme Kelly, Scarlett Kelly, Peter Owen.

3.3 Individual performance at major events in the UK and national events in Scotland

Top class in each age category (E/A/L)

Event	Gold	Silver	Bronze
JAN KJELLSTROM INTERNATIONAL ORIENTEERING FESTIVAL -	9	6	7
British Long Championships	4	2	0
British Middle Championships	0	1	2
British Sprint Championships	2	0	2
British Night Championships	1	0	0
TOTAL BRITISH CHAMPIONSHIPS	7	3	4
Scottish Championships	9	11	2
Scottish Sprint Championships	7	5	6
Scottish Middle Championships	9	7	3
Scottish Night Championships	7	2	2
TOTAL SCOTTISH CHAMPIONSHIPS	32	25	13
Scottish Orienteering League	13	9	7
Scottish Urban Orienteering League	4	2	3
TOTAL SCOTTISH LEAGUES	17	11	10
Total no. of club members winning at least one UK Major or Scottish National medal	44		

Appendix 4 – Membership Report

4.1 Membership position as at 31st December 2023:

Total membership was 299 (199 adults and 100 juniors) plus 6 second club members.

See Tables 1 and 2 for the breakdown into age categories and comparison with previous years. (NB This does not include Stirling University Orienteering club members who are automatically second club members of FVO).

4.2 SOA/BO members

At the end of 2023, we had 111 members in FVO who are Scottish Orienteering-only members (i.e. not in British Orienteering). (compares with 86, 82, 64, 71 and 42 in 2022, 2021, 2020, 2019 and 2018 respectively).

Neil Polwart, FVO membership secretary, January 2024

Table 1 - Breakdown of FVO membership December 2023

		<i>Female</i>	<i>Male</i>	<i>Total</i>
<i>V. Young Juniors</i>	<i>M/W10</i>	<i>23</i>	<i>20</i>	<i>43</i>
<i>Younger Juniors</i>	<i>M/W12/14</i>	<i>13</i>	<i>22</i>	<i>35</i>
<i>Older Juniors</i>	<i>M/W16/18</i>	<i>11</i>	<i>11</i>	<i>22</i>
<i>Seniors</i>	<i>M/W20/21/35</i>	<i>20</i>	<i>25</i>	<i>45</i>
<i>Veterans</i>	<i>M/W40+</i>	<i>43</i>	<i>34</i>	<i>77</i>
<i>Supervets</i>	<i>M/W55+</i>	<i>17</i>	<i>30</i>	<i>47</i>
<i>Ultravets</i>	<i>M/W65+</i>	<i>10</i>	<i>21</i>	<i>31</i>
<i>Total</i>		<i>137</i>	<i>163</i>	<i>300</i>

Table 2 - FVO membership data over past 10 years

Year	Seniors	Juniors	Total	2nd club
2013	83	46	129	6
2014	90	45	135	3
2015	100	48	148	3
2016	122	53	175	3
2017	132	68	200	4
2018	146	70	216	3
2019	151	73	224	2
2020	138	63	201	4
2021	177	73	250	2
2022	183	69	252	3
2023	191	109	300	6

Table 3 – Local Authority Area of current membership

Local Authority	2023	2022	2021	2020
Stirling	146	115	117	96
West Lothian	42	45	50	52
Falkirk	12	13	13	14
Clackmannan	27	25	18	12
Perth & Kinross	27	19	13	8
Fife	9	7	3	3
Edinburgh	10	4	4	2
Borders	1	1	2	2
Dundee	1	1	2	2
Glasgow	0	0	0	1
East Dunbartonshire	2	3	10	1
South Lanarkshire	5	1	2	0
North Lanarkshire	0	1	1	0
Outside Scotland	18	17	15	8
	300	252	250	201

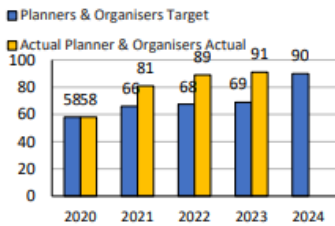
Appendix 5 – FVO Strategic Plan: key performance indicators

FVO Vision: FVO is a top quality orienteering club which warmly welcomes and caters for all ages and abilities

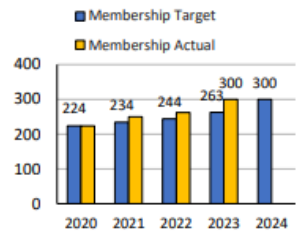
FVO 2023 Strategy Progress



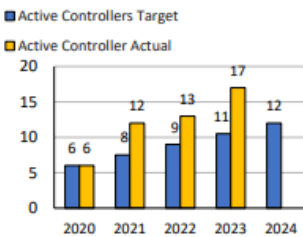
Officials



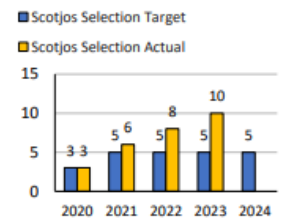
Membership



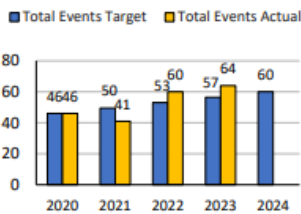
Active Controllers



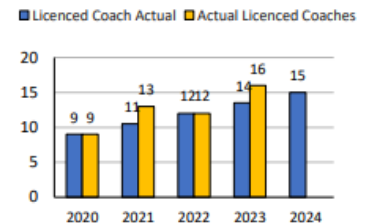
Scotjos Members



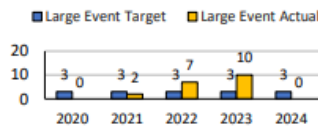
Total Events



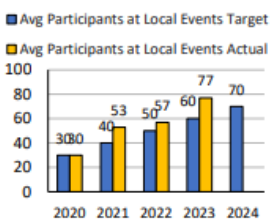
Licensed Coaches



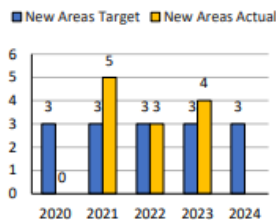
Large Events



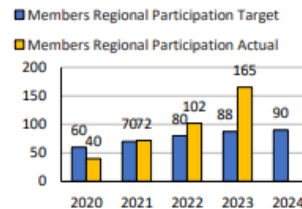
Participation local events



Mapping



Participating members (SOL & SOUL)



Coaching Sessions

