## MINEWOOD LOCAL EVENT – Final Details

Updated Tue June 18<sup>th</sup>, am. No loose descriptions.

PLEASE CHECK FVO website before leaving for the event for last minute issues:

https://fvo.org.uk/events/2024/jun/23/minewoods-local-event/

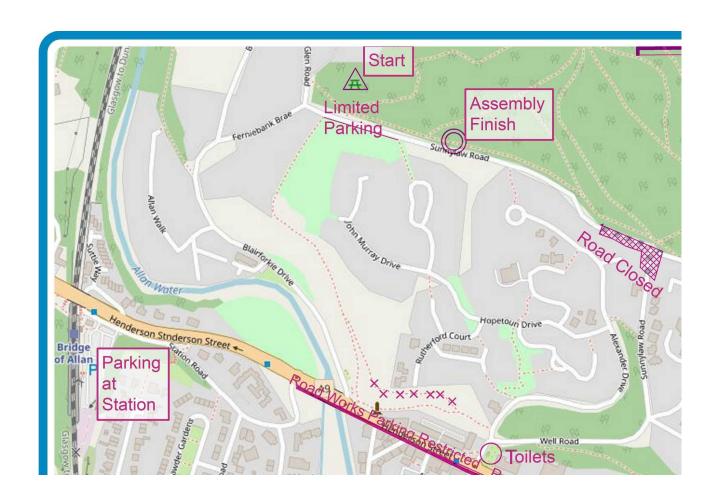
# **Assembly / Dibber Hire:**

## North Side of Sunnylaw Road (West)

OS Grid: NS 790979

what3words: character.logic.red

Google maps: <a href="https://maps.app.goo.gl/ZNiPVaZ2QuwsaRKDA">https://maps.app.goo.gl/ZNiPVaZ2QuwsaRKDA</a>



# **Directions/Car Parking:**

**Recommended Car Parking: Bridge of Allan Railway Station:** 

Google link: https://maps.app.goo.gl/66bK6qqH75JBsToM9

The shortest walk to assembly from the station, is via the path that heads up steps into the woods on the NE side of the mini-roundabout at the junction of Blairforkie drive with the main road (A9/Henderson Street).

Alternatively walk along Henderson street until opposite the ClockTower outside The Westerton Arms, then turn North up Well Road, where there are Public Toilets in the small Provosts Park, and follow small paths to Hopetoun Drive, then to assembly. (Larger map attached below).

#### **Limited Parking on Sunnylaw Road:**

google link: https://maps.app.goo.gl/tywseWJKWPMw4nLcA

#### University of Stirling Alternative:

Perhaps cycle from the University – but note that not all the catering facilities may be open: University Website: https://www.stir.ac.uk/student-life/campus-facilities/eating-drinking

## **Start and Finish**

#### Start:

200m to west, in Wolf Crag Quarry. No loose descriptions.

Descriptions will be posted on event website thursday evening.

Start Times: 11am to 12:30.

Finish: At assembly.

Courses close: 2pm.

**Course lengths:** 

		Climb,	
Course	Distance	metres	Controls
Blue	4Km		285 22 Controls
Green	2.9Km		220 18 Controls
LightGreen	2.4Km		178 15 Controls
Orange	1.8Km		110 12 Controls
Yellow	1.6Km		100 13 Controls

Blue and Green are difficult (TD5). Yellow is easy (TD2) and follows paths, Orange has opportunities for corner cutting with rough compass bearings (TD3) but otherwise follows paths. Light Green has significant route choices with controls possibly requiring accurate compass bearings and understanding of contours.

# Map: 1:5000, 5m, ISSprom 2019, with Updates by Graham Gristwood, March 2024

### Air Punching:

Controls will be enabled for (SIAC) air punching. Hire dibbers will not be able to do air punching. If your SIAC card fails to beep/flash with air punching you should dib and the control unit should flash/beep to confirm. If the control unit appears to have failed please use the backup pin punch on the edge of the map. Please note the finish unit must be dibbed

Toilets: Nearest public toilets are at the Provosts Park, Bridge of Allan. (Opposite The Westerton).

#### Safety:

- 1. Mountain bikers have made many twisty trails on the slopes. On the steeper sections it is safer to avoid running on the trails themselves. Please look and listen out for mountain bikes.
- 2. Please take care of other members of the public using the area for dog walking, bike riding etc.
- 3. There are some steep slopes which can be very slippery in either wet or dry conditions, and some crags varying in height from a metre or so to over 5 metres. Please take care.
- 4. The paths can be vague in places. It is recommended that yellow competitors may need to be shadowed. The yellow course (and orange if in doubt) should be inspected by parents/responsible adult before starting.
- 5. There are deer in the area: Competitors are advised to check for ticks immediately after competing; general guidance on ticks is widely publicised by BOF, SOA and FVO
- 6. A comprehensive risk assessment has been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.
- 7. You have the option of downloading, completing and handing this <u>Medical Form</u> to the Organiser (via Registration) so that existing medical conditions are known about in the event of an incident. Please put in a sealed envelope with your name on it. It will only be opened if required and will be destroyed unread if you don't collect before the end of the event.
- 8. Everyone must download at the finish, whether or not you have completed the course.
- 9. If you have covid, or covid symptoms, or a recent positive covid test please do not attend the event.

## **Emergency Contact Number:**

Any queries prior to the event, feel free to contact brian@bullen.uk.com

For serious incidents phone 999 and ask for Mountain Rescue

To contact the organiser (during the event only) call: 07354 192278

