

Come and  
**have a go**

at orienteering with

# Forth Valley Orienteers

Suitable for all fitness levels, ages and abilities. *Everyone welcome*



**FUN  
ACTIVE  
CHALLENGING  
EXCITING**

**Sun 7th Sept (am)** Plean Country Park, nr Stirling

**Sat 4th Oct (am)** Bantaskine Estate, Falkirk

**Sat 1st Nov (pm)** Callendar Park, Falkirk

**Sat 22nd Nov (am)** Beecraigs Country Park, Linlithgow

**Sun 1st Mar (am)** Colzium Estate, Kilsyth

**Sun 29th Mar (am)** Barr Wood, Denny

Start anytime between 11am to 12.30pm (except 1 Nov - 2pm to 3.30pm)  
Adults: £5.00 per map Children: £3.50 per map Free coaching available

For further information contact:

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Email: [membership@fvo.org.uk](mailto:membership@fvo.org.uk)



[www.fvo.org.uk](http://www.fvo.org.uk)