

FVO Committee 2007

PRESIDENT - Gary Longhurst

Hillside Farmhouse, Kier, Dunblane, FK5 9NT
Tel: 01786 823295

VICE PRESIDENT - Brad Conner

12 Newton Crescent, Dunblane, FK15 0DZ
Tel: 01786 823171

TREASURER - Penny Hicks

Tel: 01383 872577

SECRETARY - David Nicol

16 Upper Glen Road, Bridge of Allan, FK9 4PX
Tel: 01786 832123

MAPPING COORDINATOR - Steve Barrett

COMMITTEE MEMBER - Hazel Dean

COMMITTEE MEMBER - Kyle Heron

COMMITTEE MEMBER - Steve Barrett

MEMBERSHIP - Susan Hensman

3 Coats Crescent, Alloa, FK10 2AQ
Tel: 01259 721966

TEAM CAPTAIN - Jon Cross

Tel: 01786 860301

PERMISSIONS—Hazel Dean

Tel: 01786 825123

NEWSLETTER EDITOR - Mark Thomson

55 Hawton Crescent, Wollaton Park, Nottingham. NG8 1DD

WEBMASTER - David Nicol

16 Upper Glen Road, Bridge of Allan, FK9 4PX
Tel: 01786 832123

WEDNESDAY EVENING EVENT CO-ORDINATOR - Neil Kitchen

Tel: 01786 824595

EQUIPMENT STORE - Maureen Brown

21 Alexander Drive, Alloa, FK10 2DQ
Tel: 01259 213683



Forth Columnist

Issue 178

Mar/Apr 2007

Forth Valley Orienteers

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New VP tries desperately hard not to be lapped by Dixie at the ESOC Sprint-O on Dalmeny Estate.

Copy date for next issue is
Sunday 13th May 2007.

Editorial

Some FVO members have already picked up trophies as the club had three winners at the British Night Champs. Well done to Stuart Thomson M16, Jon Cross M40 and Martin Dean M50 who all won their courses at Sheringham forest on 10th February. Craig Thomson was a very creditable 4th, running up a class, in M16 and Ex FVO member Nick Barrable also won M21. The badge event the day after also produced three FVO winners this time Craig Thomson JM4, Jon Cross M40 and Martin Dean M50.

Well done to FVO who won the first round of the CSC Trophy last weekend at Pitmedden. Steve Nicholson and Jason Inman were 1st and 2nd on brown, Janine Inman was 2nd on blue women, Martin dean 2nd on blue men, Victoria and Abi Longhurst were 1st and 4th on green women, Maureen Brown 4th on green vets, Jamie Stevenson 1st on light green and Morven Dean 2nd on orange.

Mark Thomson

Alison, Erica and Andrew Oxley's new contact details are
16/8 Avonmill Road
Linlithgow Bridge
Linlithgow
EH49 7QX

Tel: 01506-671483 or
Tel: 01506-877051 (Broadband 'phone)
Email: aeahome@btinternet.com
Work Tel: 0131-344-2529
Email: Alison.Oxley@lothian-vjb.gov.uk

Please send articles, pictures or gossip bits to:

Mark Thomson
55 Hawton Crescent
Wollaton Park
Nottingham
NG8 1DD

Email: markthomson55@yahoo.co.uk
Skype username: markthomson55



29th BASOC Local Event. Glen Gynack, Kingussie. NH756006. Mike Atherton, 01540 661069 mike@atherton.go-plus.net 1730 - 1900 hrs. Fees £4/£3/£1.50.

30th FVO Local Event. Laigh Hills, Dunblane. NN781014. Neil Kitching, 01786 824595 kitching.family@tesco.net Starts 5 to 7pm. £2 adults, £1 children.

31st TINTO Local Event. Carmichael, Biggar. NS948379.
Marcella McLennan, 01555 664 165 marcella47@btinternet.com

June

3rd MAROC District Event. Bogendreip, Strachan, Banchory. NO686917.
Alastair Marshall, 01330 811101. alastair_marshall@yahoo.co.uk £6.00/£2.50. EPS-Emit.

3rd ESOC Pentland Hills Long-O. Castlelaw, nr Edinburgh. NT230637.
Enquiries: Ronald Nolan, 0131 453 1497. ron-nolan@hulley.co.uk Fees TBA. Parking TBA. No dogs. 10, 15 or 20km courses, competitors must be over 18 on 01/03/07. Also a course for walkers. Details on website in due course. www.esoc.org

10th GRAMP District Event. Glen Dye, Banchory. NO662911.
Oonagh Grassie, 01224 744393. donald.grassie@grampoc.com £6.00/£2.50. EPS-Emit.

16th - **NATIONAL EVENT & Scottish Championships**, Individual. Loch Doon, Dalmellington. NS477027.

17th - **Scottish Relay Championships & UK Relay League**. Loch Doon, Dalmellington. NS477027. Organiser: Dougie Condy, 01292 318190. dougiecondy@aol.com
Entries: Pat Flanagan, 47 Arrol Drive, Ayr, KA7 4AL, 01292 267063. pfayr@tiscali.co.uk
CD: 02/06/07. Fees £12.00/£6.00, £2.00 less for senior BOF members. Chq: AYROC.
String course. Lim CC courses - Wh-LG, + Red. EPS-SI. Parking £1.00. Dogs in Car Park only.
www.ayroc.co.uk

Jun 29th-Jul 1st WOC Selection Races

29th - **WOC Selection Race** - Sprint Distance & UK Cup. TBA, North of Scotland.

30th - **WOC Selection Race** - Classic Distance & UK Cup. Creag Leach, Inverness. NH604411.

1st - **WOC Selection Race** - Middle Distance & UK Cup. Carse, Inverness. NH795562.

Organiser: Lorna Eades, 01875 835338. lorna.eades@ed.ac.uk

Entries: Jon Cross, 1 Moray Place, Gargunock, Stirling, FK8 3BT, 01786 860301.

jon.cross@tinyworld.co.uk CD: unknown. EPS-SI.

www.britishorientteering.org.uk/Documents/2007%20UK%20Cup%20Final%20round.doc

19th GRAMP Local Event. Scolty, Banchory. NO688948.
Anne Hickling, 01224 323855 hickling4@aol.com

19th TAY Open Day Event. Kinnoull Hill, Perth. NO145236. Angela Dixon, 01383 738631. adixon@watt64.freemove.co.uk www.taysideorientees.org.uk/

20th TAY Local Event. Newtyle Hill, Dunkeld. NO055411. Angela Dixon, 01383 738631. adixon@watt64.freemove.co.uk £4.00/£1.00. 3 Courses. White/yellow, Green, Blue. Start 11-12.30. www.taysideorientees.org.uk/

20th MAROC Local Event. Dalliefour, Ballater. NO356957.
Alastair Marshall, 01330 811101 alastair_marshall@yahoo.co.uk

20th **NW LOC NATIONAL EVENT**. Caw Fell, Broughton in Furness. SD230945. Graham Walkden, 015395 32793. Entries: Marion Inchmore, Newlands, Storth Road, Storth, Milnthorpe, Cumbria, LA7 7HS. marioninchmore@aol.com CD: 21/04/07. £11.00/£4.50, Chq: Lakeland OC. EPS-SI. Parking £1

21st AYROC Local Event. Kay Park, Kilmarnock. NS435384. Dougie Condy, 01292 318190 dougiecondy@aol.com Ayrshire Schools, Starts from 18:15.

22nd ECKO Local Event. Lochgoilhead. NN200016.
Lynne Walker, 01369 702607 lynne.walker@ecko.org.uk EPS-SI. Starts 6 - 7pm; yellow or orange course, red or green course; details on www.ecko.org.uk.

22nd INVOC Local Event. Craig Phadrig, Inverness. NH630450.
Tom Todd, 01463 772633 Evening Event. www.invoc.org.uk.

23rd FVO Local Event. Minewoods, Bridge of Allan. NS789980. Neil Kitching, 01786 824595 kitching.family@tesco.net Starts 5 to 7pm. £2 / £1

24th SOA TINTO Local Event. Shaw Hill, Biggar. NT026338.
Marcella McLennan, 01555 664 165 marcella47@btinternet.com

27th **INVOC/MOR Regional Event & SOL 4**. Rogie, Contin. NH443592. Organiser: Keith Slater, 01667 493594. slatercairds@dsl.pipex.com Entries: J&J Laird, 35 Ross Avenue Inverness IV3 5QJ, 01463 233225. Chq: INVOC. EPS-Emit. Jacquesandjamres@fastmail.co.uk White-Lgreen. Dogs on lead in car park. Online entries via website. www.invoc.org.uk

President's Piece

Spring is here, the days are getting longer, the daffodils are flowering, and Orienteer's are emerging from their winter training (hibernation?) ready for the 2007 season. I hope everybody has an enjoyable and successful time in the forthcoming events.

I notice that one or two have already been active with Jon, Martin and Stuart winning their classes at the British Night Champs and an FVO team beat the JOK team in the Devils Burdens Relay. A few of us also ran the Carnethy 5 hill race last month, which must be one of the hardest things I have ever done, but was a great experience.

The club has also been active, with the AGM in January, at which Brad Joined the committee and Jon cross was awarded the Jim Heardman Trophy for services to the club. We also organised a SOSOL in February, which went very smoothly; and we have had a great series of Night O events organised by Martin.

Looking ahead, the Weds evening events kick-off next month (full details on the web site, at www.fvo.org/events), and there are number of major competitions shortly, including the Compass Sport Trophy, the JK and the British Champs, at which we should see some individual successes and at which your club needs you to ensure team success - please let Jon know if you are able/intend to run.

I know some of you will also be making plans for the summer, with some of us going to the French 5 days in Bombannes (near Bordeaux) in July, which having been before I would certainly recommend, and then in August we have the Scottish 6 days, with FVO organising Day 4 at Culbin along with Moravian.

All of our events are only possible with the help of volunteers and our next major event after the 6 days is SOL 6 on 30th Sept, at Dumyat, for which an organiser is required. If anyone is able/willing to do this please let me know. Also I need a volunteer to organise/plan the club champs, which will be on 25th Nov (get the dinner dance in your diaries now).

Gary Longhurst

Forth Valley Orienteers

Wednesday Evening Events 2007

PROGRAMME OF EVENTS - 2007

		<u>OS Grid Ref.</u>
25 April	Abbey Craig, Stirling (Wallace Monument)	NS 808 958
2 May	Plean Country Park	NS 827 868
9 May	Barr Wood, Denny (A872 & Under M80)	NS 796 865
16 May	Bantaskine, Falkirk (on B816)	NS 871 789
23 May	Minewoods, Bridge of Allan	NS 789 980
30 May	Laigh Hills, Dunblane	NS 781 014
6 June	Polmaise	NS 775 923
13 June	Gartmorn Dam, Alloa + BBQ	NS 911 941

SUMMER BREAK

22 Aug	Hermitage Woods, Stirling University	NS 809 968
29 Aug	Dollar Bank, Dollar (Castle Campbell)	NS 963 993
5 Sept	Muiravonside Country Park	NS 964 756
12 Sept	Touch	NS 746 916

Directions and interactive map to all of the above on www.fvo.org.uk

Note: Draft programme is subject to change, please check website.

COME AND TRY IT!

No experience necessary - just come along on Wednesday evening
between 5 and 7pm.

*All you need is a clear polythene bag to keep your map dry
and a red pen.*

Cost - Adults £2 Juniors, Students £1.

*For more information on Evening Events please contact
Neil Kitching on 01786 824595 kitching.family@tesco.net*

8th ECKO Local Event. Ardkinglas, nr Dunoon. NN174101. Andy Beveridge, 01369 703092
EPS-SI. Starts 6 - 7pm; yellow or orange course, red or green course.

8th INVOOC Local Event. Keppernach, Nairn. NH910480.
Elaine Jones, 01463 731308 Evening Event. www.invooc.org.uk.

9th FVO Local Event. Barr Wood, Stirling. NS796865. Neil Kitching, 01786 824595
kitching.family@tesco.net Starts 5 to 7pm. £2 adults, £1 children.

10th AYROC Local Event. Fullerton Woods, Troon. NS345302.
Dougie Condy, 01292 318190 dougiecondy@aol.com Ayrshire Schools, Starts from 18:15.

10th TINTO Local Event. Stone Hill, Lanark. NS893375.
Marcella McLennan, 01555 664 165 marcella47@btinternet.com

12th BASOC District Event. Craigbui, Kincaig. NH809038. Bill McCarthy, 01540 661371.
william_patrick.mccarthy@virgin.net £7.00/£2.00 £2.00 less for senior BOF members.
EPS-Emit. Dogs in car park only. Starts 1330 - 1530 hrs. www.basoc.org.uk

13th **GRAMP Regional Event & SOL 3.** Glen Truim, Newtonmore. NN675929.
Sam Gomersall, 01224 314002. gomersalls@tinyworld.co.uk £11.00/£4.00. EPS-Emit. String
course. Dogs on lead in parking field. Online entries preferred (including for colour coded)
at www.oentries.com. www.grampoc.com

14th AYROC Local Event. Rozelle Park, Ayr. NS337192. Dougie Condy, 01292 318190
dougiecondy@aol.com Ayrshire Schools, Starts from 18:15.

15th BASOC Local Event. Moor of Alvie/Speybank, Kincaig. NH843067. Mike Atherton,
01540 661069 mike@atherton.go-plus.net 1730 - 1900 hrs. Fees £4/£3/£1.50.

15th ECKO Local Event. Creag Mhic, Oban. NM950333.
Ross Lilley, 01866 822475 EPS-SI. Starts 6 - 7pm; yellow, orange, red or green course;

16th FVO Local Event. Bantaskine, Falkirk. NS871789. Neil Kitching, 01786 824595
kitching.family@tesco.net Starts 5 to 7pm. £2 adults, £1 children.

17th TINTO Local Event. Quothquan Law, Biggar. NS983382.
Marcella McLennan, 01555 664 165 marcella47@btinternet.com

19th STAG Local Score Event. Garscube Estate & Dawsholm Park, Glasgow. NS554702.
Organiser: Terry O'Brien, 0141 7708671. Terry@tobrien1.wanadoo.co.uk
Entries: Terry O'Brien, 257 Warriston St, Carntyne, Glasgow, G33 2LF.
Terry@tobrien1.wanadoo.co.uk CD: 15/05/07. £3.00/£1.50. Lim EOD + 50p/50p. Chq:
STAG. Score format. Starts from 10.30am. E-mail pre-entry appreciated beforehand.

May

1st TAY Local Event. Moncreiffe Hill, Perth. NO148204.

Liz Fraser, 01738 828219. liz.fraser@strathord.net £4.00/£2.00. See website for parking and start information. www.computing.dundee.ac.uk/staff/dsloan/tayside_orienteers/

1st BASOC Local Event. Beachen Wood, Grantown-on-Spey. NJ032278.

Mike Atherton, 01540 661069 mike@atherton.go-plus.net 1730 - 1900 hrs Fees £4/3/£1.50 (Local Event) £1/£0.50 (Come and Try Orienteering Event).

1st ECKO Local Event. Sutherland's Grove, Oban. NM967425. Andy Dale EPS-SI. Starts 6 - 7pm; yellow or orange course, red or green course; details on www.ecko.org.uk.

2nd SOA FVO Local Event. Plean Country Park, Plean. NS827868. Neil Kitching, 01786 824595 kitching.family@tesco.net Starts 5 to 7pm. £2 adults, £1 children.

3rd AYROC Local Event. Dean Park, Kilmarnock. NS437395.

Dougie Condy, 01292 318190 dougiecondy@aol.com Ayrshire Schools, Starts from 18:15.

3rd TINTO Local Event. Fir Park, Carnwath. NT021466.

Marcella McLennan, 01555 664 165 marcella47@btinternet.com

5th TAY Local Event & Come and Try It Event. Scone Palace, Perth. NO119255.

Angela Dixon, 01383 738631. adixon@watt64.freemove.co.uk TBA/Senior. No dogs. Starts 11-12.30. See website for course details. www.taysideorienteers.org.uk/

5th ELO Local Event. Vogrie, Gorebridge. NT374631. Trina Rogerson, 01368 864922

5th - **BRITISH ORIENTEERING CHAMPIONSHIPS & UK Cup**. Pwll Du,

Blaenafon. SO230103. Organiser: Paul Chamberlain, 01824 790671.

chamberlain.brynhyfryd@nasuwt.net

6th - **BRITISH RELAY CHAMPIONSHIPS & UK Relay League**. Pwll Du

Organiser: John Richards, 01432 761 906. john.richards1@tiscali.co.uk

Entries: Judith Powell, 22 The Willows, Raglan, Usk (online Entries Will Be Taken Via Website), NP15 2HB, 01291 690702. j-powell@dial.pipex.com Chq: BOC2007.

EPS-SI. No dogs. www.woa.org.uk/ or www.btinternet.com/~w.o.a/BOC2007/

6th MAROC District Event. Sluie Woods, Kincardine O'Neil. Alastair Marshall,

01330 811101. alastair_marshall@yahoo.co.uk £6.00/£2.50. EPS-Emit.

8th TAY Local Event. Black Spout Wood, Pitlochry. NN951575. Angela Dixon,

01383 738631. adixon@watt64.freemove.co.uk £4.00/£1.00. Starts 17.30-19.00

Fundraising Ceilidh

In aid of Victoria Longhurst's expedition to Greenland

Dance the night away with the Fraser

McKinnon Ceilidh Band (of JHI fame.)

at the

Victoria Halls, Dunblane

Friday 11th May

7.30-11.30

Licensed bar

Tickets: £7.50

Family Ticket: £22

(including finger buffet)



You can secure your ticket by emailing me at torilonghurst@aol.com or calling me on 01786 823295.

Invite your friends!

What's On Apr/May/June 2007

April

1st SOLWAY District Event & SoSOL. Drumlanrig Woods, Thornhill, Dumfries. NX852993. Joyce Rammell, 01387 710406. joycerammell@hotmail.com Fees TBA.

1st GRAMP Local Beach Race Event. Aberdeen Beach Race, Aberdeen. NJ952072. Anne Hickling, 01224 323855 hickling4@aol.com www.grampoc.com.

JAN KJELLSTROM ORIENTEERING FESTIVAL

6th - **JK Sprint Race**. University of the West of England, Bristol. ST623780.

Organiser: Nigel Ferrand, day1@jk2007.org.uk

7th - **Speech House**, Cinderford. SO593113. Organiser: Roger Coe. day2@jk2007.org.uk

8th - **Speech House**, Cinderford. SO624123. Organiser: M Parker. day3@jk2007.org.uk

9th - **JK Relay & UK Relay League**. Caerwent, Chepstow.

Organiser: Allan Farrington. relays@jk2007.org.uk Entries: JK2007, 11 Bransby Street, Walkley, Sheffield, S6 3JT. entries@jk2007.org.uk CD: 23/03/07. No EOD. Chq: JK2007. EPS-Emit. String course. Lim CC courses on Day 2 & 3 - W, Y, O, R, G. www.jk2007.org.uk

14th BASOC Come and Try Orienteering Event. Kingussie. NH756006. Mike Atherton, 01540 661069 mike@atherton.go-plus.net 1330 - 1530 hrs. Fees £1/£0.50

14th GRAMP Local Event. Kirkhill South, Aberdeen. NJ849110. Anne Hickling, 01224 323855 hickling4@aol.com

14th - **EBOR British Sprint Championships & UK Cup & FCC**. Scarborough.

Nev Myers, 01904 767677. Neville.Myers@btinternet.com EPS-SI. Dogs on lead.

15th - **CLOK British Elite Middle Distance Championships & UK Cup & FCC** Mulgrave Woods, Whitby. NZ843112. Chris Wright, 01287 660767. dichris.wright@btinternet.com EPS-SI. String course. No dogs. Entries: Seaside Scramble Entries, 25 Sandringham Close, Haxby, York, YO32 3GL, 01904 761120 (before 9pm). enquiries@seasidescramble.org.uk CD: 24/03/07. Online Entries via the website. Day 1: No EOD for Elite, UK Cup and FCC Classes. Other EOD +£2.00/£1.00. Chq: Eborienteers. www.seasidescramble.org.uk

15th MAROC Local Event. Creag Choinnich, Braemar. NO153916. Alastair Marshall, 01330 811101 alastair_marshall@yahoo.co.uk

17th ECKO Local Event. Inverawe, Oban. NN020317. Niall Urquhart, 07776 237646 EPS-SI. Starts 6 - 7pm; yellow or orange course, red or green course; details on www.ecko.org.uk.

21st ESOC Local Event. Bonaly, Edinburgh. NT212676. Janet Clark, 0131 225 7771 janetclr@aol.com Start Times 2 - 3pm £2/£1 Car park beyond Scout Centre.

22nd TAY Local Event. Mill of Fortune East, Comrie. NN787195. Bill Melville, 01383738631. adixon@watt64.freemove.co.uk Fees TBA. www.taysideorienteers.org.uk/

22nd GRAMP District Event. Raemoir, Banchory. NO700999. Evgueni Chepelin, 01224 868 304. chepelin@talk21.com £6.00/£2.50 EPS-Emit. Dogs on leads.

23rd AYROC Local Event. Beach Park, Irvine. NS312320. Dougie Condy, 01292 318190 dougiecondy@aol.com Ayrshire Schools, Starts from 18:15.

24th ECKO Local Event. Bishop's Glen, Dunoon. NS160765. Alison Duncan, 01369 705796 EPS-SI. Starts 6 - 7pm; yellow or orange course, red or green course; details on www.ecko.org.uk.

24th INVOC Local Event. Achilty, Contin. NH425563. Meryl Marshall, 01349 861824 Evening Event. www.invooc.org.uk.

25th FVO Local Event. Abbey Craig, Bridge of Allan. NS808958. Neil Kitching, 01786 824595 kitching.family@tesco.net Starts 5 to 7pm. £2 adults, £1 children.

26th TINTO Local Event. Lanark Loch, Lanark. NS900427. Marcella McLennan, 01555 664 165 marcella47@btinternet.com

28th STAG Local Score Event. Pollok Country Park, Glasgow. NS555621. Organiser: Terry O'Brien, 0141 7708671. Terry@tobrien.wanadoo.co.uk CD: 24/04/07. £3.00/£1.50. Lim EOD + 50p Chq: STAG. Score format. Starts from 10.30am. E-mail pre-entry appreciated beforehand. www.stag-orienteering.co.uk

28th INT Local Event. Colinton Dell, Edinburgh. NT215700. Pete Murphy, 0131 5553000 peter.murphy@tiscali.co.uk Starts 2:00->3:00 from Dovecot Grove; www.interlopers.org.uk.

28th GRAMP Local Event. Crathes Castle, Banchory. NO735968. Anne Hickling, 01224 323855 hickling4@aol.com

29th ESOC Local Event. Holyrood Park, Edinburgh. NT271737. Janet Clark, 0131 225 7771 janetclr@aol.com Start 2 - 4 pm. Free. Introductory event provided for Historic Scotland for the SNH Outdoor Access Festival.

28th - **Irish Orienteering Championships - Classic**. Callow Hill, Enniskillen. 29th - **Middle**. Crossmurrin, Enniskillen. Marella Fyffe, 028 8224 1973. marella.fyffe@btconnect.com Entries: Teresa Finlay, C/O GOEC, 147 Marblearch Road, Enniskillen, BT92 1EDraymond-finlay@btinternet.com CD: 06/04/07. £12/£5 per day Chq: Fermanagh Orienteers.